

May 31

Feast of the Holy Trinity (White)
(First Sunday after Pentecost)
Sunday Proper, "Benedicta", Gloria, 2nd of Sunday, 3rd
of Saint Petronilla, Credo, Preface of the Holy Trinity,
Ite, Last Gospel of First Sunday after Pentecost
Coffee and sweets after the 7:30am Mass

15 Decade Rosary recited weekdays at 8 AM when no Mass is available

Mon	01	St. Angela, Merici, Virgin
Tue	02	Sts. Marcellinus and Companions Bishops, Martyrs
Wed	03	Ferial Day 3:00 PM Holy Hour of Reparation
Thu	04	Corpus Christi with Octave
Fri	05	Mass 8:15 AM Second Day within the Octave St. Boniface, Bishop, Martyr
Sat	06	Mass 8:00 AM Third Day within the Octave St. Norbert, Bishop, Confessor 4:00 PM Confessions

Rosary Rally will be held on June 6th at Noon in the Chapel

Death Remembrances May

Inez Williams, Fr. Cooper, Shirley Odou, Bill Wells, Peter Fu, Jimmy Carter, Mary Smith, Cecil Pryke, Merle Garland, Thomas Pryke, Richard Cappetta, Monica Fryzelka, Lorraine Vincent, Arthur Lindow, James Cwodzinski, Jerry Kramer, Fr. DePauw, Margaret Abbot, Stella Kelly, Harry Mikulski, Leonid Copelevich, Danuta Czarnota, Eleanor Shannon, Hai Dang, Mildred Creger, Barbara Haviken, Helen Regan, Martha Tarby, Jose & Monina Cortes, Ora Perez

Death Remembrances June

Patricia Condon, John Siffrin, Bill Roth, Virginia Soto, Teresa Garcia, Jack Perez, Dolores Villanueva, Maria Hucalla, Hai Trung, John Sweeney, Fr. Raymond Dunn, Josef Mostl, Yvonne Greenlee, Dorothy Cockings, John Sampo, Bernadette Heinz, William Martinet, John Heinz, Darwin Iddings, Mary Ayres, Suzanne Frausto, William Sammon, Glenn Wasz, Msgr. Raymond Ruscitto, Agnes Lindow, Joy Carney

Parish Illness and other Prayer Intentions

Mary Lewis, Magnolia Moreno, Luke Selway, Lynn Vincent, Andrew Duarte, Julie Frausto, Teresa Sammon, Greg Hubbard, Rosa Gonzalez, Hiroko Yoder, Michelle Gonzalez, Cindy Le Chiem, Andrea Williams-Soto, Fr. Arabadjis, Dorothy Neff, Noah Crostic, Nancy Lewis, Joseph Pleier, Jaime Soto, Camilla and Isabella Codeceira, Homer Sweeney, Ida Ramirez, Peggy Perez, All Priests
(renewable monthly please e-mail OLHcbulletin@yahoo.com)

Our Lady Help of Christians Chapel Padre Pio Academy

9621 Bixby Avenue
Garden Grove, CA 92841
School Office: 714-530-6840

(Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00 with High Mass 10AM First Sunday
Always check website ourladyhelpofchristians.us for most current schedule

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass <https://www.ourladyhelpofchristians.us> Select Mass Stream & Subscribe (Televised Mass located in Father Schell Hall)

Saint Patrick's Mission - Northridge Mass is temporarily unavailable at this location

Sacramental Planning: (626) 447-1752

Emergency Contact ONLY: (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

May 31, 2026
Feast of the Holy Trinity
First Sunday after Pentecost

Modesty in Church Out of respect for our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

Communion Fast Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

Confession Procedure Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

Mass Requests For the living, dead or special intentions- \$20 stipend per Mass, intention box located on the wall in the gift shop.

Chapel Etiquette Food, drink, cell phones and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

OLHC is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded.

Need something blessed? The first Sunday of each month. The next blessing will be June 7th, please be there to pick up your item, it will not be held.

Lost and Found Please remember to identify your Missals and prayer books for a safe return. If you find something left in the pews, please return it to the lost and found bin in the bookstore to find its rightful owner. If you have lost something, check the bin, still can't find it, e-mail olhcbulletin@yahoo.com or put a note in the collection basket with your item and contact information.

Have you Registered? To register and receive offering envelopes, see the sign-up in the gift shop.

Checks Payable to OLHC or Our Lady Help of Christians. **Please DO NOT seal envelopes with scotch tape or stickers.**

By request, Venmo is also available for donations.

Useful Links

fsspx.org - Find a Mass Worldwide – scroll down

Traditionalcatholic.co - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

Traditio.com/nat.htm – Traditional Mass directory

ksmk.org - Catholic Radio Station

thanhlemisa.wordpress.com - Vietnamese/Latin Missal

Warroom.org - search: Archbishop Vigano



venmo

Padre Pio Academy News

Celebrating 42 Years of Catholic Tradition in Education

www.padrepio-academy.org email: ppioacademy@gmail.com

The Feast of the Most Holy Trinity

The feasts and seasons that have occurred thus far during the ecclesiastical year were closely linked to sacred history, especially to the Gospel narratives of Christ's life. From Christmas to Pentecost we observed in mystery the earthly activity of our Holy Redeemer. The Sacrifice of the Mass offered on various feasts and ferials actualized the sacred event commemorated, making present its particular graces. Now we meet certain feasts that are oriented quite differently, "faith-feasts" in which a mystery of our religion is made the object of liturgical worship. In these faith-feasts, the bond with the Sacrifice itself is no longer so intimate; for the Church celebrates Holy Mass on the occasion simply in honor of a given dogma. The first of these, the feast of the Most Holy Trinity, has as object the greatest, the most profound and incomprehensible truth of our Holy Faith, introduced into the Roman Church by Pope John XXII in 1334. Why is this feast celebrated at this particular time? It may be interpreted as a finale to all the preceding feasts. All three Persons contributed to and shared in the work of redemption.

The dogma of faith which forms the object of today's feast is this: **There is one God and in this one God there are three divine persons**; the Father is God, the Son is God, the Holy Ghost is God. Yet there are not three Gods, but one, eternal, incomprehensible God! The Father is not more God than the Son, neither is the Son more God than the Holy Ghost. The Father is the first divine Person; the Son is the second divine person, begotten from the nature of the Father from eternity; the Holy Ghost is the third divine Person, proceeding from the Father and the Son. No mortal can fully fathom this sublime truth. But I admit humbly and say: Lord, I believe, help my weak faith.

Try to realize how your whole life begins and ends by virtue of the Holy Trinity. Recall how the Sacraments or how the blessings are administered in the Name of the Father, and of the Son, and of the Holy Ghost. Take, for instance, the Sacrament of Baptism, "I baptize you in the Name of the Father, and of the Son, and of the Holy Ghost." Or the Sacrament of Penance, "I absolve you from your sins in the Name of the Father, and of the Son, and of the Holy Ghost." At your deathbed the priest will say: "Go forth from this world, O Christian soul, in the Name of God the Father almighty who created you; in the Name of Jesus Christ, the Son of the living God, who suffered for you; in the Name of the Holy Ghost who has been poured forth upon you." The life of a Christian begins and ends in the Name of the Blessed Trinity. Therefore, begin and close each day, each week, each prayer with the words: **"In the Name of the Father, and of the Son and of the Holy Ghost."** ~~Father Pius Parsch