

February 08 **Sexagesima Sunday (Violet)**
St. John of Matha, Confessor
Proper of Sunday, "Exsurge", No Gloria, 2nd of St. John,
Tract, Credo, Preface of the Most Holy Trinity,
"Benedicamus Domino"
 Coffee and Sweets after the 7:30am Mass

15 Decade Rosary recited weekdays at 8 AM when no Mass is available

Mon	09	St. Cyril of Alexandria, Confessor, Doctor St. Apollonia, Virgin Martyr
Tue	10	St. Scholastica, Virgin
Wed	11	Apparition of Our Lady of Lourdes 3:00 PM Holy Hour of Reparation
Thu	12	The Holy Seven Founders of the Order of Servites
Fri	13	Mass 8:15 AM Ferial Day
Sat	14	Mass 8:00 AM Mass of the Blessed Virgin on Saturday St. Valentine Proto-Martyr Confessions 4:00 PM

Rosary Rally will be March 7th at Noon in the Chapel

Death Remembrances February

Agnes Selway, Cynthia Bower, Hector Vargas, Judy Kerber, Nestie Joy Escaro, Angeline Paajanen, Ich Tran, Fr. Benedict Ashley, Eugene Reyno, Sr. Mary Amata, Andy Tarby, Francisco Sanchez, Bob Haviken, Bill Ammann, Angela Heiner, Frances Ridino, Arnold De Clarke, Frank Brix Sr., Ina Smith, Adele Thompson, Virginia Chambers, Betty Parker, Maryjane Smith, Tony Gorsich, Joe Lyons, Cyril Crowley, Tom Hewko

Death Remembrances March

Bill Peck, Paul Isley, Gloria Biehl, John Healy, Betty Dulay, John MacArthur, Bernard Candela, Lawrence O'Neill, Roy Foote, Victoria Lauriello, Joann Green, Fr. Agustin Escobar, Alice Hubbard, Arthur Kerber, James Berthelot, Mrs. Soute, Stan Nelson, Hazel Odash, Yvonne Brown, Tatsuko Mitani, Dorothy Cimino, Chia Tiang, Paul & Margaret Nemecik, Ernest Heinz, Everett Martinet, Fr. Daniel Johnson, Elizabeth Gorsich, Bob O'Connor, Helen Cherry, Tony Candela, Fran O'Mara, James Coco, Msgr. William Barry, Fr. Marcel Nault, Dale Kirn, Herbert Hammond, Joan Burke, Alfred Krebsbach, Irene Walterscheid, Evelyn Voda, Helen Giltzow, Tom Thompson, Barbara Jean Seymour, Virginia Sullivan, Edna Browning, Alice Hubbard, Bob O'Connor, Shirley Charters, +Marcel Lefebvre.

Parish Illness and other Prayer Intentions

Mary Lewis, Andrew Duarte, Julie Frausto, Teresa Sammon, Greg Hubbard, Rosa Gonzalez, Hiroko Yoder, Michelle Gonzalez, Teresa Perez, Cindy Le Chiem, Andrea Williams-Soto, Fr. Arabadjis, Dorothy Neff, Noah Crostic, Nancy Lewis, Joseph Pleier, Jaime Soto, Camilla and Isabella Codeceira, Homer Sweeney, Ida Ramirez, Peggy Perez, All Priests
(renewable monthly please e-mail OLHbulletin@yahoo.com)

Our Lady Help of Christians Chapel
Padre Pio Academy

9621 Bixby Avenue
 Garden Grove, CA 92841
 School Office: 714-530-6840
 (Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00 with High Mass 10AM First Sunday
Always check website ourladyhelpofchristians.us for most current schedule

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass <https://www.ourladyhelpofchristians.us> Select Mass Stream & Subscribe (Televised Mass located in Father Schell Hall)

Saint Patrick's Mission - Northridge Mass is temporarily unavailable at this location

Sacramental Planning: (626) 447-1752

Emergency Contact ONLY: (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

February 8, 2026
Sexagesima Sunday
St. John of Matha, Confessor

Modesty in Church Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

Communion Fast Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

Confession Procedure Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

Mass Requests For the living, dead or special intentions- \$20 stipend per Mass, intention box located on the wall in the gift shop.

Chapel Etiquette Food, drink, cell phones and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

OLHC is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded.

Need something blessed? The first Sunday of each month. The next blessing will be March 1st, please be there to pick up your item, it will not be held.

Lost and Found Please remember to identify your Missals and prayer books for a safe return. If you find something left in the pews, please return it to the lost and found bin in the bookstore to find its rightful owner. If you have lost something, check the bin, still can't find it, e-mail olhcbulletin@yahoo.com or put a note in the collection basket with your item and contact information.

Have you Registered? To register and receive offering envelopes, see the sign-up in the gift shop.

Checks Payable to OLHC or Our Lady Help of Christians.

Please DO NOT seal envelopes with scotch tape or stickers.

By request, Venmo is also available for donations.



venmo

Useful Links

fsspx.org - Find a Mass Worldwide – scroll down

Traditionalcatholic.co - Spanish & English Traditional Catholic Books
(Audio, PDF, Kindle, etc.)

ksmk.org - Catholic Radio Station

thanhlemisa.wordpress.com - Vietnamese/Latin Missal

Warroom.org - search: Archbishop Vigano

Padre Pio Academy News

Celebrating 42 Years of Catholic Tradition in Education

www.padrepio-academy.org email: ppioacademy@gmail.com

Lent is coming, a season of prayer and penance set apart by the Church to prepare for Easter, recalling Our Lord's 40 day fast in the desert. This season of preparation and sanctification can be fittingly accomplished through voluntary amendment of life, acts of penance, and works of charity. Lent is a time to learn to love our souls more than our bodies. Thus, every Christian should make a special effort to practice mortification and strive for holiness during these forty days of Lent. DO NOT let this time to grow in holiness pass you by! Consider the following categories of what you should/could do this Lent: *Voluntary Amendment of Life*: Give up those things that you need to give up sooner or later, namely, bad habits. Your goal here is to break a bad habit *forever* and Lent is the best time to do it. Love your soul more than your body! Examples: gossiping, needlessly surfing the web or watching TV and movies, overeating or eating between meals - especially junk food and drink, complaining, bad drinking habits, keeping bad company, using vulgar words, wasting time playing video games, listening to base music, useless chat on facebook, blogs, and the like.

A prayer to be freed from bad habits: Give me, I beseech Thee, O Holy Spirit, Giver of all good gifts, that powerful grace which converts the stoney hearts of mortals into burning furnaces of love. By Thy grace, free my captive soul from the thrall of every evil habit and concupiscence, restoring it to the holy liberty of the children of God. Give me to taste how sweet it is to serve the Lord, crucifying the flesh with its vices and concupiscence. Enlarge my heart that I may ever cheerfully run the way of Thy commandments until I reach the goal of my aspirations, the joys and bliss of Thy habitation in heaven. Amen.

The French Connection unravels at Our Lady Help of Christians. The Druids of ancient France, before the birth of Christ, somehow prescient of a forthcoming Virgin Birth, carved a wooden statue representing this Madonna and Child, calling it, "The Virgin who is to bring forth." The site of its worship was on a prominence in the northeast of France. Upon this most ancient of sites, stands today the magnificent cathedral of Chartres, which is thus, the oldest shrine to the Blessed Virgin. The original statue, destroyed in a 1793 fire, was soon replaced with a replica. Known as Notre Dame Sous Terre (Our Lady of the Underground,) She may be seen today in a small crypt beneath the cathedral. As it was such a glorious shrine, many there were who endowed it with treasures. Among these was a near-relative of Charlemagne, who, from Aix-la-Chapelle, brought a most precious relic, the veil of the Blessed Virgin, said to be the veil she wore in Bethlehem on the night Christ was born. Slightly above our own altar, in one of the four, 200 year-old French reliquaries, rests a most tiny piece of this same Veil of the Blessed Virgin, ever available for our veneration.

Padre Pio Academy seeks a math teacher for Junior High and High School. Please contact the Academy ppioacademy@gmail.com or 714-530-6840