

February 01 Septuagesima Sunday (Violet)
St. Ignatius, Bishop, Martyr
Sunday Proper, "Circumdederunt", No Gloria, 2nd of St. Ignatius, Tract, Credo, Preface of the Most Holy Trinity, "Benedicamus Domino"

Coffee and Sweets after the 7:30am Mass

10 AM High Mass

Blessing of items after each Mass

5 Decade Rosary recited weekdays at 8 AM when no Mass is available

Mon	02	Mass 8:15 AM with Procession - Purification of the Blessed Virgin Mary (Candlemas Blessing of Candles)
Tue	03	St. Blaise, Bishop, Martyr
Wed	04	St. Andrew Corsini, Bishop, Martyr 3:00 PM Holy Hour of Reparation
Thu	05	St. Agatha, Virgin, Martyr
Fri	06	Mass 8:15 AM St. Titus, Bishop, Confessor St. Dorothy, Virgin, Martyr
Sat	07	Mass 8:00 AM St. Romuald, Abbot Confessions 4:00 PM Rosary Rally Noon in the Chapel

****Found** Claim in the bookstore or e-mail olhcbulletin@yahoo.com

- Blue Rosary-Padre Pio
- Missal-Arlene Paraiso

Death Remembrances February

Agnes Selway, Cynthia Bower, Hector Vargas, Judy Kerber, Nestie Joy Escaro, Angeline Paaajanen, Ich Tran, Fr. Benedict Ashley, Eugene Reyno, Sr. Mary Amata, Andy Tarby, Francisco Sanchez, Bob Haviken, Bill Ammann, Angela Heiner, Frances Ridino, Arnold De Clarke, Frank Brix Sr., Ina Smith, Adele Thompson, Virginia Chambers, Betty Parker, Maryjane Smith, Tony Gorsich, Joe Lyons, Cyril Crowley, Tom Hewko

Death Remembrances March

Bill Peck, Paul Isley, Gloria Biehl, John Healy, Betty Dulay, John MacArthur, Bernard Candela, Lawrence O'Neill, Roy Foote, Victoria Lauriello, Joann Green, Fr. Agustin Escobar, Alice Hubbard, Arthur Kerber, James Berthelot, Mrs. Soute, Stan Nelson, Hazel Odash, Yvonne Brown, Tatsuko Mitani, Dorothy Cimino, Chia Tiang, Paul & Margaret Nemecek, Ernest Heinz, Everett Martinet, Fr. Daniel Johnson, Elizabeth Gorsich, Bob O'Connor, Helen Cherry, Tony Candela, Fran O'Mara, James Coco, Msgr. William Barry, Fr. Marcel Nault, Dale Kirn, Herbert Hammond, Joan Burke, Alfred Krebsbach, Irene Walterscheid, Evelyn Voda, Helen Giltzow, Tom Thompson, Barbara Jean Seymour, Virginia Sullivan, Edna Browning, Alice Hubbard, Bob O'Connor, Shirley Charters, +Marcel Lefebvre.

Parish Illness and other Prayer Intentions

Mary Lewis, Andrew Duarte, Julie Frausto, Teresa Sammon, Greg Hubbard, Rosa Gonzalez, Hiroko Yoder, Michelle Gonzalez, Teresa Perez, Cindy Le Chiem, Andrea Williams-Soto, Fr. Arabadjis, Dorothy Neff, Noah Crostic, Nancy Lewis, Joseph Pleier, Jaime Soto, Camilla and Isabella Codeceira, Homer Sweeney, Ida Ramirez, Peggy Perez, All Priests

(renewable monthly please e-mail OLHCbulletin@yahoo.com)

Our Lady Help of Christians Chapel Padre Pio Academy

9621 Bixby Avenue

Garden Grove, CA 92841

School Office: 714-530-6840

(Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00 & High Mass 10AM First Sunday

Always check website ourladyhelpofchristians.us for most current schedule

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass <https://www.ourladyhelpofchristians.us> Select Mass Stream & Subscribe (Televised Mass located in Father Schell Hall)

Saint Patrick's Mission - Northridge Mass is temporarily unavailable at this location

Sacramental Planning: (626) 447-1752

Emergency Contact ONLY: (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

**February 1, 2026
Septuagesima Sunday
St. Ignatius, Bishop, Martyr**

Modesty in Church Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

Communion Fast Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

Confession Procedure Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

Mass Requests For the living, dead or special intentions- \$20 stipend per Mass, intention box located on the wall in the gift shop.

Chapel Etiquette Food, drink, cell phones and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

OLHC is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded.

Need something blessed? The first Sunday of each month, which is today. The next blessing will be March 1st, please be there to pick up your item, it will not be held.

Lost and Found Please remember to identify your Missals and prayer books for a safe return. If you find something left in the pews, please return it to the lost and found bin in the bookstore to find its rightful owner. If you have lost something, check the bin, still can't find it, e-mail olhcbulletin@yahoo.com or put a note in the collection basket with your item and contact information.

Have you Registered? To register and receive offering envelopes, see the sign-up in the gift shop.

Checks Payable to OLHC or Our Lady Help of Christians.

Please DO NOT seal envelopes with scotch tape or stickers.

By request, Venmo is also available for donations.



venmo

Useful Links

fsspx.org - Find a Mass Worldwide – scroll down

Traditionalcatholic.co - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

ksmk.org - Catholic Radio Station

thanhlemisa.wordpress.com - Vietnamese/Latin Missal

Warroom.org - search: Archbishop Vigano

Padre Pio Academy News

Celebrating 42 Years of Catholic Tradition in Education

www.padrepio-academy.org email: ppioacademy@gmail.com

Update! Update! Update! The much-anticipated, *Our Lady Help of Christians 2026 Donation Envelopes* still remain... much-anticipated!! We apologize for this, but the situation is beyond our control, indeed, our understanding. Otherwise, we have acquired a large box of *Supplementary Envelopes* to tide us over. You might take a half dozen or so with you today, remembering to identify your envelopes with your name and OLHC identification number. Anything else is probably superfluous.

As we promised last week, **Our Lady Help of Christians Tax Return Documents** for y/e 2025 will be available after both Masses today, as well as next Sunday, in the breezeway. These documents provide the sum of your annual charitable donations to OLHC.

A busy week of a challenging season awaits us. Septuagesima, according to Abbot Gueranger: "The joys of Christmastide seem to have fled far from us. The forty days of gladness brought us by the birth of our Emmanuel are gone. The atmosphere of holy Church has grown overcast, and we are warned that the gloom is still to thicken. Have we then, forever lost Him whom we so anxiously and longingly sighed after during the four slow weeks of our Advent? Has our divine Sun of Justice that rose so brightly in Bethlehem, now stopped His course, and left our guilty earth?

Not so. The Son of God, the Child of Mary, has not left us. The Word was made Flesh in order that He might dwell among us. A glory far greater than of His birth, when angels sang their hymns, awaits Him, and we are to share it with Him. Only, He must win this new and greater glory by strange, countless sufferings; He must purchase it by a most cruel and ignominious death. And we, if we would have our share in the triumph of His Resurrection, must follow Him in the way of the cross, all wet with the tears and the Blood He shed for us.

The grave maternal voice of the Church will soon be heard, inviting us to the Lenten penance; but she wishes us to prepare for this 'laborious baptism' by employing these three weeks in considering the deep wounds caused in our souls by sin. True, the beauty and loveliness of the little Child born to us in Bethlehem, are great beyond measure; but our souls are so needy that they require other lessons than those He gave us of humility and simplicity. Our Jesus is the Victim of the divine justice, and He has now attained the fullness of His age; the altar on which He has to be slain, is ready; and since it is for us that He is to be sacrificed, we should at once set ourselves to consider what are the debts we have contracted towards that infinite justice, which is about to punish the Innocent One instead of us, the guilty. He who thinks himself dispensed from continual watchfulness, which is so strongly inculcated by our divine Master, is already in the enemy's power."

Tomorrow, February 2nd, is Candlemas Day, the commemoration of the Presentation of our Lord in the Temple, drawing the Christmas-Epiphany cycle to a close. There will be a Mass and procession beginning at 8:15 in the morning.