

**July 27 Seventh Sunday After Pentecost (Green)**  
**St. Pantaleon, M**  
**Sunday Proper, "Omnes gentes", Gloria, 2<sup>nd</sup> to St. Pantaleon, 3<sup>rd</sup> to Saints, Credo, Preface of the Holy Trinity**  
 Coffee and Sweets after the 7:30am Mass

**5 Decade Rosary** recited weekdays at 8 AM when no Mass is available  
**Parish Enrollment cards** are available in the giftshop to update your information

Mon	28	SS. Nazarius & Comp, MM
Tue	29	St. Martha, V – St. Felix II Pope & Comp., MM
Wed	30	SS. Abdon & Sennen, MM 3:00 PM Holy Hour of Reparation
Thu	31	St. Ignatius of Loyola, C
Fri	01	<b>Mass 8:15 AM</b> St. Peter's Chains – The Holy Machabees, MM
Sat	02	<b>Mass 8:00 AM</b> St. Alphonsus de Liguori, BCD St. Stephen I, PM Rosary Rally 12 Noon Confessions 4:00 PM

**Mass Requests** for the living, dead or special intentions-\$20 stipend per Mass.

#### **Death Remembrances July**

Carolyn Hutchings, Grace Pisano, Norman Meyer, Gail Cassil, Bernard Petronella, Stan Nelson, Ken Fisher, Scott Winchester, Dick Marsh, Walter Nickel, Harriet Willis, Susan Avila, Paul Lieb, Pauline Finley, Margaret Selway, Jane Re, Gladys Cordell, Cardinal McIntyre, Richard Goodwin, Doris Allison, Bill O'Grady, Leonard Paaanen, Mary Thomas, Ed Heffner, Ray Cwodzinski, Ann Hopkins, Joe Marquez, Ralph Piro, Fran Beausoleil, Rita Churney, Gil Peters, Msgr. Lloyd-Russell, Jim Creger, Wally Rouston

#### **Death Remembrances August**

Patrick Kurz, Mary Prescott, Rosemarie Smith, Walt Wetzal, Dorothy Foote, Rafael Atotubo, Kay Strothman, Manuel Moreno, Sally Sweeney, Sr. Clare Francis, Duyen Nguyen, Robert Kuhle, Guy Coulombe, Norina Roberts, James Nolan, Sr. M. Grace Heiner, Bettie Borup, Connie Wyatt, Craig Schumacher, Dan Baur, Yvonne Stalder, Violet Berthelot, Joe Ardizzone, Thomas Healy, Anne Cillis, Betty Wilcox, Lyle Moran, James O'Mara

#### **Parish Illness and other Prayer Intentions**

Rosa Gonzalez, Hiroko Yoder, Michelle Gonzalez, Teresa Perez, Cindy Le Chiem, Andrea Williams-Soto, Dorothy Neff, Noah Crostic, Nancy Lewis, Joseph Pleier, Ray Heinz, Jaime Soto, Camilla and Isabella Codeceira, Homer Sweeney, Ida Ramirez, Peggy Perez, All Priests

(renewable monthly please e-mail OLHCbulletin@yahoo.com)

## **Our Lady Help of Christians Chapel Padre Pio Academy**

9621 Bixby Avenue  
 Garden Grove, CA 92841  
 School Office: 714-530-6840

(Please direct all correspondence and church business here)



**Masses** Sunday 7:30 & 10:00  
***Always** check website for most current schedule*

**15 Decade Rosary** recited weekdays at 8am when no Mass is available

**Confession** All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

**Streamed Mass** <https://www.ourladyhelpofchristians.us> Select Mass Stream & Subscribe (Televised Mass located in Father Schell Hall)

**Saint Patrick's Mission - Northridge** Mass is temporarily unavailable at this location

**Sacramental Planning:** (626) 447-1752

**Emergency Contact ONLY:** (626) 355-0845

**To Modern Catholics** We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

**July 27, 2025**  
**Seventh Sunday after Pentecost**  
**St. Pantaleon, M**

**Modesty in Church** Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

**Communion Fast** Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

**Confession Procedure** Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

**Mass Requests** \$20 stipend per Mass, intention box located on the wall in the gift shop.

**Chapel Etiquette** Food, drink, cell phones and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

**OLHC** is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

**No unapproved literature** may be left on the premises. It will be discarded.

**Need something blessed?** The first Sunday of each month. The next blessing is August 3<sup>rd</sup>, please be there to pick up your item, it will not be held.

**Lost and Found** Please remember to identify your Missals and prayer books for a safe return. If you find something left in the pews, please return it to the lost and found bin in the bookstore to find its rightful owner. If you have lost something, check the bin, still can't find it, e-mail [olhcbulletin@yahoo.com](mailto:olhcbulletin@yahoo.com) or put a note in the collection basket with your item and contact information.

**Have you Registered?** To register and receive your offering envelopes, see the breezeway sign-up table or the gift shop.

**Checks Payable to** OLHC or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



**venmo**

#### **Useful Links**

**fsspx.org** - Find a Mass Worldwide – scroll down

**Traditionalcatholic.co** - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

**ksmk.org** - Catholic Radio Station

**thanhlemisa.wordpress.com** - Vietnamese/Latin Missal

**Warroom.org** - search: Archbishop Vigano

## **Padre Pio Academy News**

### **Celebrating 41 Years of Catholic Tradition in Education**

[www.padrepio-academy.com](http://www.padrepio-academy.com) email: [padrepioacademy@sbcglobal.net](mailto:padrepioacademy@sbcglobal.net)

**This Tuesday, July 29**, our dear friend and spiritual benefactor, Father Lawrence Smith in Wisconsin, will offer the fifth of a Novena of Masses with the intention of deliverance of our loved ones, and/or ourselves, from the influence, assaults and tyranny of Satan and his demons. To participate most fully in this endeavor, Father asks that you attend Mass or make a Spiritual Communion; including these intentions in your daily Rosary throughout the Novena of Masses, and pray the Novena to the Immaculate Conception in November. All parishioners of OLHC have been thusly enrolled.

**ON FREQUENT COMMUNION~** Holy Communion is a divine repast which God bids us take, that supernatural life may be maintained within us. As our bodies cannot subsist upon one sole repast but require several reiterated repasts, in the same way the life of our souls can only be preserved by frequent communion. The bread which we must often eat in order to have strength to walk the road which leads from earth to heaven is the Eucharistic bread which makes men strong. Sorrowful experience shows us indeed that when we only rarely communicate, we neglect prayer and pious practices; we little watch over ourselves; allowing to be carried away by worldliness, love of pleasure, our own ease, by earthly possessions, and by pride. Whilst those communicating often and fervently prepare themselves for it by means of a better life in the days preceding it, and sanctifying in a better manner, the days which follow it. The grace of the sacrament sustains them, fortifies them, and enables them to make progress in virtue. Therefore, all pious souls ardently desire to often sit at the Holy Table, rejoicing at the approach of days of Communion and ravish when several follow one after another. It is with them as it is with heavenly spirits who feed continually upon God: never being satisfied - the more they communicate, the more they desire to communicate. Or, do we feel a kind of indifference, almost a dislike for the Bread of Angels? Absenting ourselves under the pretext that frequent communions would take up too much time, oblige us to lead a more holy life, inconvenience us, or constrain us to do violence to ourselves. Have we not even sometimes insinuated that to communicate so often is to be wanting in reverence to Jesus Christ? Such tepidity leaves the soul always in the same state, deriving no fruit from communion and no reformation of defects. With no progress in virtue is to accumulate upon our heads the abuse of graces.

Contrariwise, if we have the misfortune of familiarizing ourselves with communion, so as to make of it a routine which says nothing to the heart nor stirs the soul, is that not a great misfortune? Not to take to heart the work of our sanctification is to render ourselves unworthy of often eating the bread of the children of God. What to conclude? That we must absent ourselves from Holy Communion because we are too tepid? No! But that we must issue out from our tepidity and communicate often! In the words of The Apostle, "If any man will not work, neither let him eat." ~ Rev. M. Hamon, S.S. (Imp. 1804)