July 20 Sixth Sunday After Pentecost (Green)
St. Jerome Emilian, C – St. Margaret, VM
Sunday Proper, "Dominus", Gloria, 2nd of St. Jerome, 3rd
of St. Margaret, Credo, Preface of the Holy Trinity

Coffee and Sweets after the 7:30am Mass

5 Decade Rosary recited weekdays at 8 AM when no Mass is available **Parish Enrollment cards** are available in the giftshop to update your information

Lost and Found: email <u>olhcbulletin@yahoo.com</u> or drop a note in the collection with your name-phone number/email. A few items: *Pink holy card wallet, Bulova glasses and case, blue holder with rosary, child's blue/white tie, single earing, etc.*

Mon	21	St. Praxedes, V
Tue	22	St. Mary Magdalen, Penitent
Wed	23	St. Apollinaris, BM – St. Liborius, BC
		8:30 AM Requiem Mass – Albert Cruz
		3:00 PM Holy Hour of Reparation
Thu	24	Vigil of St. James Apostle – St. Christina, VM
Fri	25	Mass 8:15 AM St. James Apostle – St. Christopher, M
Sat	26	Mass 8:00 AM St. Anne Mother of BVM
		Confessions 4:00 PM

Rosary Rally is Saturday August 2nd, here in the Chapel at 12 noon. **Mass Requests** for the living, dead or special intentions-\$20 stipend per Mass.

Death Remembrances July

Carolyn Hutchings, Grace Pisano, Norman Meyer, Gail Cassil, Bernard Petronella, Stan Nelson, Ken Fisher, Scott Winchester, Dick Marsh, Walter Nickel, Harriet Willis, Susan Avila, Paul Lieb, Pauline Finley, Margaret Selway, Jane Re, Gladys Cordell, Cardinal McIntyre, Richard Goodwin, Doris Allison, Bill O'Grady, Leonard Paajanen, Mary Thomas, Ed Heffner, Ray Cwodzinski, Ann Hopkins, Joe Marquez, Ralph Piro, Fran Beausoleil, Rita Churney, Gil Peters, Msgr. Lloyd-Russell, Jim Creger, Wally Roustan

Death Remembrances August

Patrick Kurz, Mary Prescott, Rosemarie Smith, Walt Wetzel, Dorothy Foote, Rafael Atotubo, Kay Strothman, Manuel Moreno, Sally Sweeney, Sr. Clare Francis, Duyen Nguyen, Robert Kuhle, Guy Coulombe, Norina Roberts, James Nolan, Sr. M. Grace Heiner, Bettie Borup, Connie Wyatt, Craig Schumacher, Dan Baur, Yvonne Stalder, Violet Berthelot, Joe Ardizzone, Thomas Healy, Anne Cillis, Betty Wilcox, Lyle Moran, James O'Mara

Parish Illness and other Prayer Intentions

Rosa Gonzalez, Hiroko Yoder, Michelle Gonzalez, Teresa Perez, Cindy Le Chiem, Andrea Williams-Soto, Dorothy Neff, Noah Crostic, Nancy Lewis, Joseph Pleier, Ray Heinz, Jaime Soto, Camilla and Isabella Codeceira, Homer Sweeney, Ida Ramirez, Peggy Perez, All Priests

(renewable monthly please e-mail OLHCbulletin@yahoo.com)

Our Lady Help of Christians Chapel Padre Pio Academy

9621 Bixby Avenue
Garden Grove, CA 92841
School Office: 714-530-6840
(Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00

Always check website for most current schedule

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass https://www.ourladyhelpofchristians.us Select Mass Stream & Subscribe (Televised Mass located in Father Schell Hall) **Saint Patrick's Mission - Northridge** Mass is temporarily unavailable at this location

Sacramental Planning: (626) 447-1752 **Emergency Contact ONLY:** (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

July 20, 2025
Sixth Sunday after Pentecost
St. Jerome Emilian, C
St. Margaret, VM

Modesty in Church Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

Communion Fast Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

<u>Confession Procedure</u> Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

<u>Mass Requests</u> \$20 stipend per Mass, intention box located on the wall in the gift shop.

<u>Chapel Etiquette</u> Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

<u>OLHC</u> is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded. **Need something blessed?** The first Sunday of each month. The next blessing is August 3rd, please be there to pick up your item, it will not be held.

Lost and Found Please remember to identify your Missals and prayer books for a safe return. If you find something left in the pews, please return it to the lost and found bin in the bookstore to find its rightful owner. If you have lost something, check the bin, still can't find it, e-mail olhcbulletin@yahoo.com or put a note in the collection basket with your item and contact information.

Have you Registered? To register and receive your offering envelopes, see the breezeway sign-up table or the gift shop.

<u>Checks Payable to</u> OLHC or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



venmo

Useful Links

fsspx.org - Find a Mass Worldwide – scroll down **Traditionalcatholic.co** - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

ksmk.org - Catholic Radio Station

thanhlemisa.wordpress.com - Vietnamese/Latin Missal

Warroom.org - search: Archbishop Vigano

Padre Pio Academy News

Celebrating 41 Years of Catholic Tradition in Education

www.padrepio-academy.com email: padrepioacademy@sbcglobal.net

THANKSGIVING AFTER COMMUNION~ Reverence, gratitude and our own interests make thanksgiving a duty incumbent on us. First, Reverence. When Our Savior honors us so far as to come to us, is it not just, that all the powers of our soul should assemble together, as it were, around Him, to keep Him company, to render to Him their homage, to speak to Him and to listen to Him? Would it not be a strange irreverence to leave Him alone in the bottom of our hearts, to pay no attention to Him and to occupy ourselves with other things? Is it thus that we receive a great personage or a friend who comes to visit us? Second, Gratitude. We ought to thank God the Father, who gives us no longer the manna which He gave to the Israelites in the desert, but His own Son. We ought to thank God the Son who gives Himself wholly to us, continually to us, without ever exhausting Himself. If we did but comprehend what gratitude this gift of God deserves, our hearts would melt with love. Finally, Our Own Interests. It is in the moments which follow Communion that the soul can best enjoy Jesus Christ, be filled with His spirit, and be penetrated with his love. It is then that Jesus is best disposed to enlighten, inflame and touch the soul. Then, does the Sacrament produce its principal effect, provided no obstacles are met. To neglect the act of thanksgiving would be to place an obstacle in the way of grace. It would be to imitate the poor man who will not wait for the alms which the rich man is about to bestow.

The Manner of Making Thanksgiving~ The first means is to listen to what Jesus Christ says to the heart at so precious a moment, and to follow the attractions of grace. The second manner is to produce acts, primarily of adoration, admiration and love. Of adoration which consists in annihilating ourselves in the presence of the infinite greatness of Our Lord while remaining in a state of abasement at His feet. Of admiration that so great a God would descend so low; and of love, desiring nothing but Jesus in the world.

Another manner of making Thanksgiving is to produce acts of gratitude which we owe to Him for so great a benefit and which we beg of Him to offer to God in our stead. Also, to make the requests which we ought to address to Him, telling Him in all simplicity and confidence, what are our needs and our miseries, like a child who speaks to his father. It is then the moment to ask everything and to obtain everything. We should offer the whole of ourselves to Him, consecrating to Him all that we are and all that we have to be disposed of in accordance with His good pleasure. Lastly, we must make the good resolutions which ought to be the fruits of our Communion.

Is it thus that we perform our acts of thanksgiving?

~ Rev. M. Hamon, S.S. (Imp. 1804)