

**July 13 Fifth Sunday After Pentecost (Green)**  
**St. Anacletus, PM**  
**Sunday Proper, "Exaudi Domine", Gloria, 2<sup>nd</sup> of St. Anacletus, 3<sup>rd</sup> to Saints, Credo, Preface of the Holy Trinity**  
 Coffee and Sweets after the 7:30am Mass

**Parish Enrollment cards** are available in the giftshop to update your information  
**5 Decade Rosary** recited weekdays at 8 AM when no Mass is available  
**Lost and Found** for older items, send an email to [olhcbulletin@yahoo.com](mailto:olhcbulletin@yahoo.com) or drop a note in the collection with your name/phone number, identifying your missing item so we may get it back to you.

Mon	14	St. Bonaventure, BCD
Tue	15	St. Henry Emperor, C
Wed	16	BV Mary of Mt. Carmel 3:00 PM Holy Hour of Reparation
Thu	17	St. Alexius, C
Fri	18	<b>Mass 8:15 AM</b> St. Camillus de Lellis, C St. Symphorosa & Sons
Sat	19	<b>Mass 8:00 AM</b> St. Vincent de Paul, C Confessions 4:00 PM

**Rosary Rally** is Saturday August 2nd, here in the Chapel at 12 noon.  
**Mass Requests** for the living, dead or special intentions-\$20 stipend per Mass.

#### **Death Remembrances July**

Carolyn Hutchings, Grace Pisano, Norman Meyer, Gail Cassil, Bernard Petronella, Stan Nelson, Ken Fisher, Scott Winchester, Dick Marsh, Walter Nickel, Harriet Willis, Susan Avila, Paul Lieb, Pauline Finley, Margaret Selway, Jane Re, Gladys Cordell, Cardinal McIntyre, Richard Goodwin, Doris Allison, Bill O'Grady, Leonard Paajanen, Mary Thomas, Ed Heffner, Ray Cwodzinski, Ann Hopkins, Joe Marquez, Ralph Piro, Fran Beausoleil, Rita Churney, Gil Peters, Msgr. Lloyd-Russell, Jim Creger, Wally Roustan

#### **Death Remembrances August**

Patrick Kurz, Mary Prescott, Rosemarie Smith, Walt Wetzel, Dorothy Foote, Rafael Atotubo, Kay Strothman, Manuel Moreno, Sally Sweeney, Sr. Clare Francis, Duyen Nguyen, Robert Kuhle, Guy Coulombe, Norina Roberts, James Nolan, Sr. M. Grace Heiner, Bettie Borup, Connie Wyatt, Craig Schumacher, Dan Baur, Yvonne Stalder, Violet Berthelot, Joe Ardizzone, Thomas Healy, Anne Cillis, Betty Wilcox, Lyle Moran, James O'Mara

#### **Parish Illness and other Prayer Intentions**

Rosa Gonzalez, Hiroko Yoder, Michelle Gonzalez, Teresa Perez, Cindy Le Chiem, Andrea Williams-Soto, Dorothy Neff, Noah Crostic, Nancy Lewis, Joseph Pleier, Ray Heinz, Jaime Soto, Camilla and Isabella Codeceira, Homer Sweeney, Ida Ramirez, Peggy Perez, All Priests  
 (renewable monthly please e-mail [OLHCbulletin@yahoo.com](mailto:OLHCbulletin@yahoo.com))

## **Our Lady Help of Christians Chapel Padre Pio Academy**

9621 Bixby Avenue  
 Garden Grove, CA 92841  
 School Office: 714-530-6840  
 (Please direct all correspondence and church business here)



**Masses** Sunday 7:30 & 10:00  
*Always check website for most current schedule*

**15 Decade Rosary** recited weekdays at 8am when no Mass is available

**Confession** All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

**Streamed Mass** <https://www.ourladyhelpofchristians.us> Select Mass Stream & Subscribe (Televised Mass located in Father Schell Hall)

**Saint Patrick's Mission - Northridge** Mass is temporarily unavailable at this location

**Sacramental Planning:** (626) 447-1752

**Emergency Contact ONLY:** (626) 355-0845

**To Modern Catholics** We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

**July 13, 2025**  
**Fifth Sunday after Pentecost**  
**St. Anacletus, PM**

**Modesty in Church** Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

**Communion Fast** Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

**Confession Procedure** Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

**Mass Requests** \$20 stipend per Mass, intention box located on the wall in the gift shop.

**Chapel Etiquette** Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

**OLHC** is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

**No unapproved literature** may be left on the premises. It will be discarded.

**Need something blessed?** The first Sunday of each month. The next blessing is August 3<sup>rd</sup>, please be there to pick up your item, it will not be held.

**Lost and Found** Please remember to identify your Missals and prayer books for a safe return. If you have lost something, check the lost and found bin in the bookstore. If you find something left in the pews, please return it to the bin to find its rightful owner.

**Have you Registered?** To register and receive your offering envelopes, see the breezeway sign-up table or the gift shop.

**Checks Payable to** OLHC or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



### **Useful Links**

**fsspx.org** - Find a Mass Worldwide – scroll down

**Traditionalcatholic.co** - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

**ksmk.org** - Catholic Radio Station

**thanhlemisa.wordpress.com** - Vietnamese/Latin Missal

**Warroom.org** - search: Archbishop Vigano

## **Padre Pio Academy News**

**Celebrating 41 Years of Catholic Tradition in Education**

www.padrepio-academy.com email: padrepioacademy@sbcglobal.net

**DISPOSITIONS FOR COMMUNION** Consider the three principal dispositions which we ought to bring to Holy Communion: a humility full of respect; a love full of confidence; and a great desire to unite ourselves to Our Lord. Resolve to form within ourselves these holy dispositions before and during Holy Communion and to preserve and perfect them every day in our souls. Let us adore the immense goodness of the Son of God giving himself to us in Holy Communion. His infinite love is communicated to us therein without reserve: His Body, His Blood, His soul, His grace His divinity - He gives all!

**A Humility Full of Reverence** ~ This feeling ought to spring up within us from meditation on this double thought, Who art Thou O Lord, and who am I? Thou so great, the Sovereign of the universe, the God of eternity, and I such a little, miserable creature; I, a worm of the earth; Thou, so holy before Whom the heavens are not pure, and I so evil, who have soiled my past life by so many sins, who still sin daily, and should sin yet more if Thy grace did not prevent me. Ah, Lord, I am seized with reverence and confusion in Thy presence: with reverence, while considering Thy lofty majesty and infinite holiness; with confusion while considering myself, and it only remains for me to say with the centurion of the gospel, "Lord, I am not worthy that Thou shouldst enter under my roof." Alas Lord, when I think that in Thy presence the pillars of heaven tremble, and that the highest seraphim dare not look upon Thy lofty majesty, ought I not to be confounded and overwhelmed with a feeling of reverence and of humility?

**A Love Full of Confidence** ~ Love, says St. Bernard, cannot rest satisfied unless it is reciprocated. Now, the Eucharist is the greatest sacrament of love. It is therein that the love of Our Lord displays all its riches and expends itself wholly for men. It is therein that He gives Himself to us without reserve, without limit: body, blood, soul and divinity, He gives all. We must therefore in return give to Him an undivided love, a love which gives itself wholly up to Him, a love which delivers itself up with an absolute abandonment to all which He desires of us: a love which cares for nothing else than Him, which takes pleasure only in Him, so as to be able to say with St. Bonaventure: "The Lord is my only love; may nothing else please me, nothing have any charm or attraction for me, save Him alone! He is everything for me; may I then be everything for Him, and may my heart become one with Him."

**Holy Desires** ~ This Heavenly Bread ought to be eaten with great hunger; it produces its fruits in the soul in proportion to the desire with which it is received. We ought then to desire Holy Communion with our whole soul; desire it as being the greatest happiness of our life. As the infant desires its mother's breast. Let us here examine ourselves. Do we bring to Holy Communion these three dispositions of our meditation: humility, love and holy desires?

~ Rev. M. Hamon, S.S. (Imprimatur July 14, 1804)