

July 28

Tenth Sunday after Pentecost (Green)

Sts. Nazarius & Companions, MM

Sunday Proper, "Cumclamarem", Gloria, 2nd of St. Nazarius, 3rd to the Saints, Credo, Preface of the Holy Trinity, Ite

Coffee and Sweets after the 7:30 Mass

(Next Sunday Blessing of articles after Masses)

15 Decade Rosary recited weekdays at 8am when no Mass is available

Mon 29 St. Martha, V – St. Felix II Pope & Companions, MM

Tue 30 Sts. Abdon & Sennen, MM

Wed 31 St. Ignatius of Loyola, C

3 PM - Holy Hour of Reparation

Thu 01 St. Peter in Chains – The Holy Machabees, MM

Fri 02 **Mass 8:15 AM** St. Alphonsus de Liguori, B, C, D St. Stephen, P, M

Sat 03 **Mass 8 AM** – Finding of the Relics of St. Stephen, The First Martyr

Noon- Rosary Rally in the Chapel

Confessions 4pm

Mass Requests for the living, dead or special intentions-\$20 stipend per Mass.

Death Remembrances July

Carolyn Hutchings, Grace Pisano, Norman Meyer, Gail Cassil, Bernard Petronella, Stan Nelson, Ken Fisher, Scott Winchester, Dick Marsh, Walter Nickel, Harriet Willis, Susan Avila, Paul Lieb, Pauline Finley, Margaret Selway, Jane Re, Gladys Cordell, Cardinal McIntyre, Richard Goodwin, Doris Allison, Bill O'Grady, Leonard Paajanen, Mary Thomas, Ed Heffner, Ray Cwodzinski, Ann Hopkins, Joe Marquez, Ralph Piro, Fran Beausoleil, Rita Churney, Gil Peters, Msgr. Lloyd-Russell, Jim Creger, Wally Roustan

Death Remembrances August

Patrick Kurz, Mary Prescott, Rosemarie Smith, Walt Wetzell, Dorothy Foote, Rafael Atotubo, Kay Strothman, Manuel Moreno, Sally Sweeney, Sr. Clare Francis, Duyen Nguyen, Robert Kuhle, Guy Coulombe, Norina Roberts, James Nolan, Sr. M. Grace Heiner, Bettie Borup, Connie Wyatt, Craig Schumacher, Dan Baur, Yvonne Stalder, Violet Berthelot, Joe Ardizzone, Thomas Healy, Anne Cillis, Betty Wilcox, Lyle Moran, James O'Mara

Parish Illness and other Prayer Intentions

Celina St. Marseille, Greg Ziegler, Marilyn Ball, Ray Heinz, Sr. Maria Rosaria, Beatrice Acevedo, Patty Martin, Vic Pence, Steve Frye, Sean Klein, Dorothy Neff, Marg MacArthur, Jaime Soto, Camilla and Isabella Codeceira, Homer Sweeney, Leroy Cadman, Inez Williams, Ida Ramirez, Ayrauds, Dean Paajanen, Linda Whitlock, Comptons, Peggy Perez, All Priests

(renewable monthly OLHCbulletin@yahoo.com)

Our Lady Help of Christians Chapel Padre Pio Academy

9621 Bixby Avenue

Garden Grove, CA 92841

School Office: 714-530-6840

(Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00

Always check website for most current schedule

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass WWW.OurLadyHelpOfChristians.US - Select Mass Stream & Subscribe (Televised Mass in the Hall)

Saint Patrick's Mission - Northridge Mass is temporarily unavailable at this location

Sacramental Planning: (626) 447-1752

Emergency Contact ONLY: (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

July 28, 2024

**Tenth Sunday after Pentecost
Sts. Nazarius & Companions, MM**

Padre Pio Academy News

Celebrating 40 Years of Catholic Tradition in Education

www.padrepio-academy.com email: padrepioacademy@sbcglobal.net

Modesty in Church Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

Communion Fast Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

Confession Procedure Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

Mass Requests \$20 stipend per Mass, intention box located on the wall in the gift shop.

Chapel Etiquette Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

OLHC is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded.

Need something blessed? The first Sunday of each month after each Mass. The next blessing will be August 4th. Please be there to pick up your item, it will not be held.

Lost and Found Please remember to identify your Missals and prayer books for a safe return. If you have lost something, check the lost and found bin in the bookstore and if you find something left in the pews, please return it to the bin to find its rightful owner.

Have you Registered? To register and receive your offering envelopes, see the breezeway sign-up table or the gift shop.

Checks Payable to OLHC or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



venmo

Useful Links

fssp.org - Find a Mass Worldwide – scroll down

Traditionalcatholic.co - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

ksmk.org - Catholic Radio Station

thanhlemisa.wordpress.com - Vietnamese/Latin Missal

CatholicFamilyNews.com - search: Archbishop Vigano

On the Preparation for Holy Communion. ~ Fr. Nicholas Avancinus, S.J.

Nothing should be purer than a heart in which Jesus Christ, present as God and Man in the Blessed Sacrament of the Altar, takes up His abode; this is due to the infinite holiness and majesty of the Divine Guest. Consider Who comes and to whom. If it was meet that Mary, who conceived the Son of God, should shine forth with a purity so great, that we cannot imagine it surpassed, except by that of God; should not your heart, in which you receive the same Son of God, be as pure as possible? This purity consists not only in cleansing the heart from sin, but also from inordinate affections; and in adorning it with all Christian virtues, especially love. How far removed are you from this purity, and how much labor must you undertake before you acquire it! But take courage, you will surely attain it if only you are in earnest. Say, with the confidence of the leper in the Gospel, "Lord, if Thou wilt, Thou canst make me clean," and He will stretch forth His hand and reply, "I will; be thou cleansed."

According to many spiritual writers, the Tree of Life is the Blessed Sacrament of the Altar; this Tree is in Paradise, that is, in the Church of Christ on earth, for to her hands is entrusted the celebration and administration of this Sacrament. If you desire to receive this Sacrament worthily, you must "overcome" yourself, submitting your earthly desires to reason, and reason to God. What a wide field have you in yourself for combat and for victory! Pride, ambition, vanity, anger, envy, avarice, impurity, luke-warmness in the service of God, and many another enemy who would fain have you under his dominion, these must you fight against and overcome. Happy indeed will you be if you do overcome, for to you will be given to eat of the Tree of Life; you will receive in richest measure of the fruits of grace in Holy Communion. How much more perfect might you now be, had you in every Communion overcome even one of these enemies! Endeavor at least to do so for the future.

The Lord promises the children of Israel manna, that "type" of the Blessed Sacrament of the Altar, which like rain, should fall on the just and unjust. How great is the goodness of God, Who is so liberal in giving away Himself. In order to partake of this heavenly manna to your salvation, you must "go forth." From whence? "From your former disorderly way of life, from your old life of sin," is the answer of Rupert, "for until you have put off the old man of sin you are not in a condition to gather this manna." Examine yourself to see in what manner the old man manifests vitality in you; strive continually to weaken, and at length, exterminate him, that the new man may grow up into fuller life in you, gathering strength increasingly. The more you root out from your heart earthly affections, and replace them with heavenly ones, so much the greater graces may you hope for in Holy Communion.

Gardening volunteers needed for occasional work on the Chapel grounds. Call Manuel Soto - 949 633-2093 with questions!