

July 7

Seventh Sunday after Pentecost (Green)

Sts. Cyril & Methodius, B, C

Sunday Proper, "Omnes gentes", Gloria, 2nd of Sts. Cyril & Methodius, Credo, Preface of the Holy Trinity, Ite

10AM High Mass

Coffee and Sweets after the 7:30 Mass

15 Decade Rosary recited weekdays at 8am when no Mass is available

Mon	08	St. Elizabeth, Q, W
Tue	09	Ferial Day
Wed	10	Seven Holy Brothers & Companions, M
Thu	11	St. Pius, P, M
Fri	12	Mass 8:15 AM St. John Gualbert, A Sts. Nabor & Felix, MM
Sat	13	Mass 8 AM – St. Anacletus, P, M Confessions 4pm

Holy Hour of Reparation Every Wednesday at 3 pm in the Chapel.

Rosary Rally is Saturday August 3rd, **here in the Chapel** at 12 noon.

Mass Requests for the living, dead or special intentions-\$20 stipend per Mass.

Death Remembrances July

Grace Pisano, Norman Meyer, Gail Cassil, Bernard Petronella, Stan Nelson, Ken Fisher, Scott Winchester, Dick Marsh, Walter Nickel, Harriet Willis, Susan Avila, Paul Lieb, Pauline Finley, Margaret Selway, Jane Re, Gladys Cordell, Cardinal McIntyre, Richard Goodwin, Doris Allison, Bill O'Grady, Leonard Paajanen, Mary Thomas, Ed Heffner, Ray Cwodzinski, Ann Hopkins, Joe Marquez, Ralph Piro, Fran Beausoleil, Rita Churney, Gil Peters, Msgr. Lloyd-Russell, Jim Creger, Wally Roustan

Death Remembrances August

Patrick Kurz, Mary Prescott, Rosemarie Smith, Walt Wetzal, Dorothy Foote, Rafael Atotubo, Kay Strothman, Manuel Moreno, Sally Sweeney, Sr. Clare Francis, Duyen Nguyen, Robert Kuhle, Guy Coulombe, Norina Roberts, James Nolan, Sr. M. Grace Heiner, Bettie Borup, Connie Wyatt, Craig Schumacher, Dan Baur, Yvonne Stalder, Violet Berthelot, Joe Ardizzone, Thomas Healy, Anne Cillis, Betty Wilcox, Lyle Moran, James O'Mara

Parish Illness and other Prayer Intentions

Celina St. Marseille, Greg Ziegler, Marilyn Ball, Ray Heinz, Sr. Maria Rosaria, Beatrice Acevedo, Patty Martin, Vic Pence, Steve Frye, Sean Klein, Dorothy Neff, Marg MacArthur, Jaime Soto, Camilla and Isabella Codeceira, Homer Sweeney, Leroy Cadman, Inez Williams, Ida Ramirez, Ayrauds, Dean Paajanen, Linda Whitlock, Comptons, Peggy Perez, All Priests

(renewable monthly OLHCbulletin@yahoo.com)

Our Lady Help of Christians Chapel Padre Pio Academy

9621 Bixby Avenue

Garden Grove, CA 92841

School Office: 714-530-6840

(Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00

Always check website for most current schedule

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass WWW.OurLadyHelpOfChristians.US - Select Mass Stream & Subscribe (Televised Mass in the Hall)

Saint Patrick's Mission - Northridge Mass is temporarily unavailable at this location

Sacramental Planning: (626) 447-1752

Emergency Contact ONLY: (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

July 7, 2024

**Seventh Sunday after Pentecost
Sts. Cyril & Methodius, B, C**

Padre Pio Academy News

Celebrating 40 Years of Catholic Tradition in Education

www.padrepio-academy.com email: padrepioacademy@sbcglobal.net

Modesty in Church Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

Communion Fast Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

Confession Procedure Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

Mass Requests \$20 stipend per Mass, intention box located on the wall in the gift shop.

Chapel Etiquette Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

OLHC is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded.

Need something blessed? The first Sunday of each month after each Mass, which is today. The next blessing will be August 4th. Please be there to pick up your item, it will not be held.

Lost and Found Please remember to identify your Missals and prayer books for a safe return. If you have lost something, check the lost and found bin in the bookstore and if you find something left in the pews, please return it to the bin to find its rightful owner.

Have you Registered? To register and receive your offering envelopes, see the breezeway sign-up table or the gift shop.

Checks Payable to OLHC or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



venmo

Useful Links

fsspx.org - Find a Mass Worldwide – scroll down

Traditionalcatholic.co - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

ksmk.org - Catholic Radio Station

thanhlemisa.wordpress.com - Vietnamese/Latin Missal

CatholicFamilyNews.com - search: Archbishop Vigano

“The Divine Redeemer ordained the Sacrament of the Altar as an everlasting memorial of His Passion” wrote St. Thomas Aquinas. In order that we might have an everlasting memorial of His bloody sacrifice on the cross, the Lord ordained an unbloody sacrifice to be daily offered. Having sacrificed Himself once and for all on the cross for us, His love has found a means whereby he should offer Himself daily for us, even to the end of the world. This He effects in the Holy Mass, which is no other than the perpetual unbloody renewal of the bloody sacrifice of the cross. That which Jesus accomplished once, He daily effects for you by offering Himself in the Holy Mass. Acknowledge His love, marvel and praise it. But you deal unlovingly and ungratefully by Him if you do not also daily sacrifice yourself. Mortify yourself day by day, curb your evil inclinations and subdue your sensuous desires. If you would be a true disciple of Jesus you must offer Him this sacrifice for, “they that are Christ’s have crucified their flesh with its vices and concupiscences.”

Since Our Divine Redeemer ordained the Blessed Sacrament in commemoration of His Passion, you may infer how highly He estimates His sufferings and desires that you should often and devoutly meditate upon His Passion. At Holy Mass and on other occasions, contemplate His bitter Passion and Death and make pious meditations thereon. Consider especially the unspeakable mercy of Jesus in thus suffering and dying for you. Had He not offered Himself up on the cross for you, you would even now be lying under the bondage of sin, without a possibility of salvation. Acknowledge this mercy, prize it above all things, and so live that you may be a partaker of its fruit. Remember that it is not enough merely to meditate on the Passion of Jesus, and thereby to excite pious feelings in your heart; you must earnestly strive to follow your Blessed Savior in the Way of the Cross. Therefore whenever you meditate on the Passion of Jesus, make good resolutions, either to overcome some fault, to eradicate some evil propensity, or to practice some virtue, and above all, to follow in the footsteps of Jesus.

When you receive Holy Communion, picture to yourself your heart as the sepulchre in which the Body of the Lord is laid. You know that Jesus Christ willed to be laid in a new grave; unless therefore your heart be renewed, it will be no acceptable dwelling for Him. Now, your heart cannot be new unless the old man within you be destroyed. Therefore does St. Gregory the Great say, “When we celebrate the Holy Mysteries, we must by self-annihilation present ourselves a living sacrifice to God.” Before every Communion make the best possible preparation; purify your heart not only from mortal, but also from venial sin; deeply humble yourself and fervently desire to be united to Jesus; promise to love Him, to be always faithful to Him, and to follow Him closely. “What should be the peculiarity of those who eat the bread and drink the chalice of the Lord? That they live no longer to themselves, but to Him Who died for them.” - St. Basil ~ From Fr. Nicholas Avancinus, S.J. (1611 - 1686)