

July 14 **Eighth Sunday after Pentecost (Green)**
St. Bonaventure, BCD
Sunday Proper, "Suscepimus Deus", Gloria, 2nd of St. Bonaventure, Credo, Preface of the Holy Trinity, Ite
Coffee and Sweets after the 7:30 Mass

15 Decade Rosary recited weekdays at 8am when no Mass is available

Mon 15 St. Henry Emperor, C
Tue 16 Our Lady of Mt. Carmel
Wed 17 St. Alexius, C

9:30 am Rosary followed by

Requiem Mass at 10AM for Marina Mejia

Thu 18 St. Camillus de Lellis, C – St. Symphorosa & Sons, M
Fri 19 **Mass 8:15 AM** St. Vincent de Paul, C
Sat 20 **Mass 8 AM** – St. Jerome Emillian, C – St. Margaret V, M
Confessions 4pm

Holy Hour of Reparation Every Wednesday at 3 pm in the Chapel.

Rosary Rally is Saturday August 3rd, **here in the Chapel** at 12 noon.

Mass Requests for the living, dead or special intentions-\$20 stipend per Mass.

Death Remembrances July

Carolyn Hutchings, Grace Pisano, Norman Meyer, Gail Cassil, Bernard Petronella, Stan Nelson, Ken Fisher, Scott Winchester, Dick Marsh, Walter Nickel, Harriet Willis, Susan Avila, Paul Lieb, Pauline Finley, Margaret Selway, Jane Re, Gladys Cordell, Cardinal McIntyre, Richard Goodwin, Doris Allison, Bill O'Grady, Leonard Paajanen, Mary Thomas, Ed Heffner, Ray Cwodzinski, Ann Hopkins, Joe Marquez, Ralph Piro, Fran Beausoleil, Rita Churney, Gil Peters, Msgr. Lloyd-Russell, Jim Creger, Wally Roustan

Death Remembrances August

Patrick Kurz, Mary Prescott, Rosemarie Smith, Walt Wetzell, Dorothy Foote, Rafael Atotubo, Kay Strothman, Manuel Moreno, Sally Sweeney, Sr. Clare Francis, Duyen Nguyen, Robert Kuhle, Guy Coulombe, Norina Roberts, James Nolan, Sr. M. Grace Heiner, Bettie Borup, Connie Wyatt, Craig Schumacher, Dan Baur, Yvonne Stalder, Violet Berthelot, Joe Ardizzone, Thomas Healy, Anne Cillis, Betty Wilcox, Lyle Moran, James O'Mara

Parish Illness and other Prayer Intentions

Celina St. Marseille, Greg Ziegler, Marilyn Ball, Ray Heinz, Sr. Maria Rosaria, Beatrice Acevedo, Patty Martin, Vic Pence, Steve Frye, Sean Klein, Dorothy Neff, Marg MacArthur, Jaime Soto, Camilla and Isabella Codeceira, Homer Sweeney, Leroy Cadman, Inez Williams, Ida Ramirez, Ayrauds, Dean Paajanen, Linda Whitlock, Comptons, Peggy Perez, All Priests

(renewable monthly OLHCbulletin@yahoo.com)

Our Lady Help of Christians Chapel

Padre Pio Academy

9621 Bixby Avenue

Garden Grove, CA 92841

School Office: 714-530-6840

(Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00

***Always** check website for most current schedule*

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass WWW.OurLadyHelpOfChristians.US - Select Mass Stream & Subscribe (Televised Mass in the Hall)

Saint Patrick's Mission - Northridge Mass is temporarily unavailable at this location

Sacramental Planning: (626) 447-1752

Emergency Contact ONLY: (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

July 14, 2024
Eighth Sunday after Pentecost
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Padre Pio Academy News

Celebrating 40 Years of Catholic Tradition in Education

www.padrepio-academy.com email: padrepioacademy@sbcglobal.net

Modesty in Church Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

Communion Fast Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

Confession Procedure Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

Mass Requests \$20 stipend per Mass, intention box located on the wall in the gift shop.

Chapel Etiquette Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

OLHC is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded.

Need something blessed? The first Sunday of each month after each Mass. The next blessing will be August 4th. Please be there to pick up your item, it will not be held.

Lost and Found Please remember to identify your Missals and prayer books for a safe return. If you have lost something, check the lost and found bin in the bookstore and if you find something left in the pews, please return it to the bin to find its rightful owner.

Have you Registered? To register and receive your offering envelopes, see the breezeway sign-up table or the gift shop.

Checks Payable to OLHC or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



venmo

Useful Links

fssp.org - Find a Mass Worldwide – scroll down

Traditionalcatholic.co - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

ksmk.org - Catholic Radio Station

thanhlemisa.wordpress.com - Vietnamese/Latin Missal

CatholicFamilyNews.com - search: Archbishop Vigano

On the dignity to which we attain through Holy Communion

He who receives Holy Communion becomes the abode of the Diety. In order to apprehend, in some measure, the greatness of this dignity, reflect on Mary, in whose virgin womb dwelt the Son of God; and observe that it is He, the self-same One, Who, in Holy Communion takes up His abode with you. Zaccheus esteemed himself blessed and reckoned it as the greatest honor to receive Jesus under his roof. How incomparably greater the blessing and honor vouchsafed you, that Jesus should enter, not into your house, but into your heart. Jesus, the Son of God, the King of heaven and earth, comes to dwell in you. Truly no greater honor can be conceived, and to no greater dignity can mortal man be raised. Since so distinguished a Guest takes up His abode in your heart, let it not be desecrated by the presence of those impure creatures: unbridled passions. Examine yourself, and if any passion in particular enthrall you, use all diligence to extirpate it.

He who communicates becomes not only the dwelling place of God, but one with Him. As two pieces of wax melted in the fire are wholly dissolved into one another, so is the union of Christ with us in Holy Communion. He is in us and we in Him; His divine substance penetrates us wholly, even as the fire penetrates the glowing iron. Who can comprehend the dignity to which we are exalted by Holy Communion, since therein we attain to so intimate a union with Christ, and with Him also to the whole Three Persons of the most Blessed Trinity. Reflect seriously on the obligations entailed on you by this dignity. If God unites Himself so closely to you, is it not meet that you should detach yourself from all dependence on the world and live only for heaven? Watch most carefully over your heart on Communion days, and guard your senses, that you may neither think, speak, or do anything displeasing to Jesus.

Consider again the dignity and the gracious effects of union with Christ in Holy Communion. The Son receives His substance, life, and all His perfections from the Father; so that in the Father He lives, and is one God with Him, sharing all His perfections, His knowledge, His will, and performing all external works in common with Him. Now observe, through the reception of the Blessed Sacrament of the Altar you become a participator in the life and perfection of Christ; so that with the Apostle you can say, "I live, not now I, but Christ in me." But if Christ live in you, you must be conformable to Him, in thought, in will, in act, and in suffering. These effects will be produced in you by your Divine Redeemer in Holy Communion, if you do not withstand His grace. After the reception of Holy Communion, keep far from you then, the suggestions and distractions of the world; allow Jesus to operate in you by His grace, and gladly follow His guidance. ~ Fr. Nicholas Avancinus S.J. (1611 -1686)