<u>Modesty in Church</u> Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

<u>Communion Fast</u> Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

Confession Procedure Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

<u>Mass Requests</u> \$20 stipend per Mass, intention box located on the wall in the gift shop.

<u>Chapel Etiquette</u> Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

<u>OLHC</u> is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded.

Need something blessed? The first Sunday of each month after each Mass, which is today. The next blessing will be March 3rd. Please be there to pick up your item, it will not be held.

<u>Lost and Found</u> Please remember to identify your Missals and prayer books for a safe return. If you have lost something, check the lost and found bin in the bookstore and if you find something left in the pews, please return it to the bin to find its rightful owner.

<u>Have you Registered?</u> To register and receive your offering envelopes, see the breezeway sign-up table or the gift shop.

<u>Checks Payable to OLHC</u> or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



venmo

Useful Links

fsspx.org - Find a Mass Worldwide - scroll down

Traditionalcatholic.co - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

ksmk.org - Catholic Radio Station

thanhlemisa.wordpress.com - Vietnamese/Latin Missal **CatholicFamilyNews.com** - search: Archbishop Vigano

Padre Pio Academy News

Celebrating 40 Years of Catholic Tradition in Education

www.padrepio-academy.com email: <u>padrepioacademy@sbcglobal.net</u>

Lent is Coming – a season of prayer and penance set apart by the Church to prepare us for Easter and to recall Our Lord's fast in the desert. This season of preparation and sanctification can be fittingly accomplished through voluntary amendment of life, acts of penance and works of charity. Lent is a time to learn to love our souls more than our bodies. Thus, every Christian should make a special effort to practice mortification and strive for holiness during the forty days of Lent. Do not let this time to grow in holiness pass you by; it may be your final Lent! As a suggestion, consider the following Lenten practices: 1) Voluntary amendment of life. Give up those things which you need to give up sooner or later namely, bad habits. Your goal here is to break a bad habit forever and Lent is the best time to do it. (Surfing the web, over-eating, -drinking, laziness, TV and internet.)

- 2) Acts of Penance. Perform some kind of penance with the goal to train yourself to say "no" to little things, the easier to say "NO" to big temptations later. (Give up food, drink and legitimate recreations you enjoy.)
- 3) Works of Charity. Perform some good and holy actions with the goal of strengthening your relationship with Christ and His Beloved Church. Ideally, what you start here would continue in some way after Lent is over. (Daily Rosary, daily Mass, reading Sacred Scripture or spiritual books.)

Blessing of Throats will take place after both Masses today, <u>only</u> for those unable to attend yesterday.

Women's Conference at OLHC will be next Saturday at 1:00PM sharp. No need to bring recipes, just your Rosaries and perhaps a notepad. Hosted by Fr Burfitt, we'll congregate in the Chapel to recite a Rosary, then adjourn to Father Schell Hall. Since it's pre-Lenten, it should be very focused and provide many ideas as to how you might make the most of your Lent. Cost: \$10 each; beverages will be sold.

Glad you asked! Yes, as a matter of fact, we still need volunteers to assume responsibility for a small portion of the yardwork. You choose how much you can handle and when you can do it. We have the tools. Signup sheets are in the giftshop. Certainly a good sacrifice for Lent!

Here's a Lenten Sacrifice AND a Corporal Work of Mercy! A parishioner is without transportation and would like to go to confession and Mass! She's freeway close (Mission Viejo) – just east off the 5 at Alicia behind Target! Can you please help? Contact: OLHCbulletin@yahoo.com

How is it, last Sunday was Septuagesima, the beginning of the pre-Lenten season; yet Friday was the Purification, the end of Christmastide? I'm Confused. Dear Confused, it all hinges on the movable feast of Easter. March 19 is the Vernal Equinox (the days get longer); following the equinox, the first full moon is March 25. Easter is reckoned as the Sunday following the full moon after the spring equinox – March 31. The Sundays of Lent and pre-Lent are then counted backwards from Easter to arrive at Septuagesima.

February 4 Sexagesima Sunday (Violet)

St. Andrew Corsini, B, C

Proper of Sunday, "Exsurge" NO Gloria, 2nd of St. Andrew, Tract, Credo, Preface of the Most Holy

Trinity, "Benedicamus Domino"

Blessing of the Throats after both Masses only for those $\,$ unable $\,$

to attend yesterday

Blessing of items after both Masses today

High School selling coffee and sweets after the 7:30 Mass

15 Decade Rosary recited weekdays at 8am when no Mass is available

Mon	05	St. Agatha, V, M
Tue	06	St. Titus, B, C – St. Dorothy, V, M
Wed	07	St. Romuald, A
Thu	80	St. John of Matha, C
Fri	09	Mass 8:15 AM St. Cyril of Alexandria, C, Doctor of Church
		St. Apollonia, V, M
Sat	10	Mass 8 AM St. Scholastica, V
		Women's Conference 1PM
		Confessions 4 PM

Holy Hour of Reparation Every Wednesday at 3 pm in the Chapel. Next Rosary Rally Saturday March 2nd at the Garden Grove Civic Center 12 noon.

Mass Requests for the living, dead or special intentions-\$20 stipend per Mass.

Death Remembrances February

Cynthia Bower, Hector Vargas, Judy Kerber, Nestie Joy Escaro, Angeline Paajanen, Ich Tran, Fr. Benedict Ashley, Eugene Reyno, Sr. Mary Amata, Andy Tarby, Francisco Sanchez, Bob Haviken, Bill Ammann, Angela Heiner, Frances Ridino, Arnold De Clarke, Frank Brix Sr., Ina Smith, Adele Thompson, Virginia Chambers, Betty Parker, Maryjane Smith, Tony Gorsich, Joe Lyons, Cyril Crowley, Tom Hewko

Death Remembrances March

Gloria Biehl, John Healy, Betty Dulay, John MacArthur, Bernard Candela, Lawrence O'Neill, Roy Foote, Victoria Lauriello, Joann Green, Fr. Agustin Escobar, Alice Hubbard, Arthur Kerber, James Berthelot, Mrs. Soute, Stan Nelson, Hazel Odash, Yvonne Brown, Tatsuko Mitani, Dorothy Cimino, Chia Tiang, Paul & Margaret Nemecek, Ernest Heinz, Everett Marinet, Fr. Daniel Johnson, Elizabeth Gorsich, Bob O'Connor, Helen Cherry, Tony Candela, Fran O'Mara, James Coco, Msgr. William Barry, Fr. Marcel Nault, Dale Kirn, Herbert Hammond, Joan Burke, Alfred Krebsbach, Irene Walterscheid, Evelyn Voda, Helen Giltzow, Tom Thompson, Barbara Jean Seymour, Virginia Sullivan, Edna Browning, Alice Hubbard, Bob O'Connor, Shirley Charters, +Marcel Lefebvre.

Parish Illness and other Prayer Intentions

Beatrice Acevedo, Patty Martin, Vic Pence, Steve Frye, Sean Klein, Dorothy Neff, Marg MacArthur, Jaime Soto, Camilla and Isabella Codeceira, Agnes Selway, Paul Isley, Homer Sweeney, Leroy Cadman, Inez Williams, Ida Ramirez, Julie Ayraud, Dean Paajanen, Linda Whitlock, Comptons, Peggy Perez, All Priests

(renewable monthly OLHCbulletin@yahoo.com)

Our Lady Help of Christians Chapel Padre Pio Academy

9621 Bixby Avenue Garden Grove, CA 92841 School Office: 714-530-6840

(Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00

Always check website for most current schedule

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass WWW.OurLadyHelpOfChristians.US - Select Mass Stream & Subscribe (Televised Mass in the Hall)

Saint Patrick's Mission - Northridge Mass is temporarily unavailable at this location

Sacramental Planning: (626) 447-1752 **Emergency Contact ONLY:** (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

February 4, 2024 Sexagesima Sunday St. Andrew Corsini, B, C