<u>Modesty in Church</u> Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

**Communion Fast** Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

<u>Confession Procedure</u> Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

<u>Mass Requests</u> \$20 stipend per Mass, intention box located on the wall in the gift shop.

<u>Chapel Etiquette</u> Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

**<u>OLHC</u>** is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

**No unapproved literature** may be left on the premises. It will be discarded.

**Need something blessed?** The first Sunday of each month after each Mass. The next blessings will be today January 7<sup>th</sup>, then February 4<sup>th</sup>. Please be there to pick up your item, it will not be held.

<u>Lost and Found</u> Please remember to identify your Missals and prayer books for a safe return. If you have lost something, check the lost and found bin in the bookstore and if you find something left in the pews, please return it to the bin to find its rightful owner.

**<u>Have you Registered?</u>** To register and receive your offering envelopes, see the breezeway sign-up table or the gift shop.

<u>Checks Payable to</u> OLHC or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



venmo

#### **Useful Links**

**fsspx.org** - Find a Mass Worldwide – scroll down

**Traditionalcatholic.co** - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

ksmk.org - Catholic Radio Station

**thanhlemisa.wordpress.com** - Vietnamese/Latin Missal **CatholicFamilyNews.com** - search: Archbishop Vigano

## **Padre Pio Academy News**

## **Celebrating 40 Years of Catholic Tradition in Education**

www.padrepio-academy.com email: <u>padrepioacademy@sbcglobal.net</u>

The family is the basic living cell for every society, whether it be the human race, the state or Church. The health of any physical organism depends on the condition of the cells. Upon the moral health of the family depends the well-being of the state and the Church. We must therefore expend every effort to promote and preserve Christian family life. How the enemies of the faith have striven to undermine, poison and corrupt these basic cells of the Christian organism! As a result, family life is deteriorating at an alarming pace. In this unhappy state of affairs, what contribution can liturgical revival make? Can it do anything significant to effect the restoration, the healing of the home? Most assuredly. The liturgy has much to offer: it fosters and promotes community life and spirit. The sublime and fundamental dogma of the Mystical Body of Christ on which the liturgy rests leads logically to the rehabilitation of the family. The family is the Mystical Body in miniature, where can be seen the reality of the Mystical Body. Of the family body, the father is the head, even as Christ is the head of the Mystical Body. The mother is the Church, and the children are members. In a genuine family there is truly but one will and spirit, "one heart and one soul." The daily bread is provided by the father and distributed by the mother; from father and mother, children receive their blood and life. All of which has its wonderful counterpart in Christ's Mystical Body.

But it is more than a mere counterpart; it is a symbol vibrant with reality. The father has a tangible share in Christ; he is not only His representative, for he possess a measure of Christ's nature and personality. The mother for her part, shares in the nature of the Church; and the children are constituent members. Now apply this great truth to *your* family and try to put it into practice. It cannot but give new meaning and direction in the home. You children, look up to your father as to Christ. In him you must see, honor and love Christ. And you, wife and mother, must see Christ in your partner. As father, it is your duty to live like Christ and to rule your family as He would.

One can readily see how noble and thriving family life would become if this fundamental truth of the family as a living replica of the Mystical Body, penetrated society. Think how effectively the liturgy could sanctify the family through prayer, the Sacrifice of the Mass, the sacraments and observance of the ecclesiastical year. The divine office in the family; morning and evening prayer in common; holy Mass together! What power to form and shape the family would be found in the Mass attended and lived out together. All week long such a family would gather sacrifice, toil, suffering, and prayer, to be offered at the Sunday Mass. ~ Parsch: Year of Grace

**Extend your Christmas spirit into the new year!** A long-time parishioner is without transportation and would like to negotiate a ride to Sunday Mass. She lives conveniently just off 15, Alicia/Target area. Contact: OLHCbulletin@yahoo.com

**OLHC Yardwork Volunteers:** sign up in the giftshop!

**PPA/OLHC Winter Dinner Dance** January 13, 6:00PM, RSVP by Tuesday! Poster in breezeway!

Women's Conference February 10, 7:00PM, \$10

### January 7 Feast of the Holy Family (White)

**Sunday within Octave of Epiphany** 

Proper of Feast, "Exultat" Gloria, 2<sup>nd</sup> of Sunday, 3<sup>rd</sup> of Octave, Credo, Preface & Proper Communicantes of the Epiphany, Ite

Blessing of Items after each Mass

High School selling coffee and sweets after the 7:30 Mass

#### **15 Decade Rosary** recited weekdays at 8am when no Mass is available

		Winter Dinner Dance 6 PM, must RSVP by Tuesday the 9th!!
		Confessions 4 PM
Sat	13	Mass 8 AM Octave of the Epiphany
Fri	12	Mass 8:15 AM Seventh Day in Octave
Thu	11	Sixth Day in Octave – St. Hyginus, P, M
Wed	10	Fifth Day in Octave
Tue	09	Fourth Day in Octave – Last day to RSVP for the Winter Dance
Mon	80	Third Day in Octave

Women's Conference Saturday February 10<sup>th</sup> 7 PM, \$10 each

**Holy Hour of Reparation** Every Wednesday at 3 pm in the Chapel. Next Rosary Rally Saturday February 3<sup>rd</sup> at the Garden Grove Civic Center 12 noon.

Mass Requests for the living, dead or special intentions-\$20 stipend per Mass.

#### **Death Remembrances January**

Anthony Ignozzitto, Robert Enerson, John Williams, Sr. Anastasia, Josephine Glenn, Helen Massie, Antonius vander Putten, Helen Sullivan, Cathleen Speer, Andrew Dawn, Angie Thoreson, Cathy Lipsky, Ruth Johnson, Frank Rusinas, Edwin Altemeier, Dr. Anthony McDermott, Joan O'Neill, Sharon Condon, Mary Kaminski, Fr. Philip Bourret, David Shandley, Michael Soto, Carl Karcher, Warren Merboth, Dolores Netzel, Joseph Hubbard, Josefina Montoya, Helen Paige, Gertie Polinski, Arthur Garabedian, Connie Ridino, Tamara Brien, Joe Partise, Joyce Wilson, Ernie Feeney, Bob Wilcox, Frank Callaghan

## **Death Remembrances February**

Cynthia Bower, Hector Vargas, Judy Kerber, Nestie Joy Escaro, Angeline Paajanen, Ich Tran, Fr. Benedict Ashley, Eugene Reyno, Sr. Mary Amata, Andy Tarby, Francisco Sanchez, Bob Haviken, Bill Ammann, Angela Heiner, Frances Ridino, Arnold De Clarke, Frank Brix Sr., Ina Smith, Adele Thompson, Virginia Chambers, Betty Parker, Maryjane Smith, Tony Gorsich, Joe Lyons, Cyril Crowley, Tom Hewko

## Parish Illness and other Prayer Intentions

Patty Martin, Vic Pence, Steve Frye, Sean Klein, Father Starbuck, Dorothy Neff, Jon DeWeil, Mary Gillilan, Marg MacArthur, Jaime Soto, Camilla and Isabella Codeceira, Agnes Selway, Paul Isley, Homer Sweeney, Leroy Cadman, Inez Williams, Ida Ramirez, Julie Ayraud, Dean Paajanen, Linda Whitlock, Comptons, Peggy Perez, All Priests

(renewable monthly OLHCbulletin@yahoo.com)

# Our Lady Help of Christians Chapel Padre Pio Academy

9621 Bixby Avenue Garden Grove, CA 92841 School Office: 714-530-6840

(Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00

Always check website for most current schedule

**15 Decade Rosary** recited weekdays at 8am when no Mass is available

**Confession** All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

**Streamed Mass** WWW.OurLadyHelpOfChristians.US - Select Mass Stream & Subscribe (Televised Mass in the Hall)

**Saint Patrick's Mission - Northridge** Mass is temporarily unavailable at this location

**Sacramental Planning:** (626) 447-1752 **Emergency Contact ONLY:** (626) 355-0845

**To Modern Catholics** We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

January 7, 2024
Feast of the Holy Family
Sunday within the Octave of Epiphany