Modesty in Church Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

Communion Fast Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

<u>Confession Procedure</u> Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

<u>Mass Requests</u> \$20 stipend per Mass, intention box located on the wall in the gift shop.

Chapel Etiquette Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor. **OLHC** is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded.

Need something blessed? The first Sunday of each month after each Mass. The next blessing will be August 6th. Please be there to pick up your item, it will not be held.

Lost and Found If you have lost something, check the lost and found bin and if you find something left in the pews, please return it to the bookstore so it can find its rightful owner.

<u>Have you Registered?</u> To register and receive your offering envelopes, see the breezeway sign-up table or the gift shop.

<u>Checks Payable to</u> OLHC or Our Lady Help of Christians.

Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



<u>Useful Links</u>

fsspx.org - Find a Mass Worldwide – scroll down Traditionalcatholic.co - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.) ksmk.org - Catholic Radio Station thanhlemisa.wordpress.com - Vietnamese/Latin Missal

CatholicFamilyNews.com - search: Archbishop Vigano

Padre Pio Academy News

Celebrating 40 Years of Catholic Tradition in Education

www.padrepio-academy.com email: padrepioacademy@sbcglobal.net

Christ's Tender Compassion

Christ Jesus has in His Heart the truest affective love with which a human heart can beat.

For three days a multitude of people follow Him, drawn by the charm of His Divine words and the splendor of His miracles. But this multitude, having nothing to eat, begins to be overcome with faintness. Jesus knows this. "I have compassion on the multitude," He says, "for behold they have now been with me three days, and have nothing to eat. And if I shall send them fasting to their home they will faint in the way: for some of them came from afar off": *Misereor super turbam*. What a deep sense of compassion moves His human Heart! And you know how Jesus puts His pity into action: in His blessed Hands the loaves are multiplied to satisfy the hunger of the five thousand who had followed Him.

Christ Jesus dos not change. He was yesterday, He is today: His Heart remains the most loving and most loveable that could be met with. In heaven, He remains the One Who was moved by compassion, Who suffered and redeemed men through love.

Eucharistic Union

Christ is ever living, ever acting. In coming to us He unites our members to His own; He purifies, He uplifts, He sanctifies, He transforms, as it were, all our faculties, so that, to borrow the veautiful thought of an ancient author, we love God with the Heart of Christ, we praise God with the life of Christ, we live by His life. The Divine Presence of Jesus and His sanctifying virtue penetrate our whole being, both body and soul, with all their powers, so intimately, that we become "other Christs".

Such is the truly sublime culmination of this union with Christ in the Eucharist which each Communion tends to make us realize ever more perfectly. If we but knew the gift of God! For those who draw the water of grace at this fountain "shall not thirst for ever": *Qui autem biberit ex aqua quam ego dabo ei, non sitiet aeternum.* At this fountain they find every good. From the altar there proceeds for us all heavenly benediction and grace: *Omni benediction caelesti et gratia repleamur.*

~Dom Marmion, "Christ In His Mysteries"

Remember PPA's ongoing "painless fundraisers"? Here's another one you may participate in, with little or no effort: **California Redemption Value (CRV)** This collection is always underway. You've seen the cage in the parking lot by the student lunch area? That's where all the action takes place! Bring your bag or a box full, and toss them in the cage! There IS a catch – and this is VERY important – we DO NOT collect just any recyclables coming down the pike! All your donated aluminum and plastic **MUST** be marked with the **CA CRV** symbol on the label. If not, it has no cash value and is garbage to us. CRV's only please!!!

July 9Sixth Sunday after Pentecost (Green)Proper of Sunday, "Dominus", Gloria, 2nd to the Saints,
3rd of Choice, Credo, Preface of the Most Holy Trinity, Ite

15 Decade Rosary recited weekdays at 8am when no Mass is available

Mon	10	Seven Holy Brothers, M, w/Sts, Rufina & Secunda, V, M
Tue	11	St. Pius I, P, M
Wed	12	St. John Gualbert, A – Sts. Nabor & Felix, M
Thu	13	St. Anacletus, P, M
Fri	14	Mass 8:15am St. Bonaventure, B, C, D
Sat	15	Mass 8am- St. Henry, E, C
		Confessions 7:30 & 4pm

Holy Hour of Reparation Every Wednesday at 3 pm in the Chapel. Next Rosary Rally August 5th at the Garden Grove Civic Center 12 noon.

Mass Requests for the living, dead or special intentions-\$20 stipend per Mass.

Calendars- "Our Lady Help of Christians Liturgical Calendar for 2023" on the gift shop counter offering \$4. They have all the details you've come expect regarding the traditional liturgical calendar and practices of the Roman Rite.

Death Remembrances July

Grace Pisano, Norman Meyer, Gail Cassil, Bernard Petronella, Stan Nelson, Ken Fisher, Scott Winchester, Dick Marsh, Walter Nickel, Harriet Willis, Susan Avila, Paul Lieb, Pauline Finley, Margaret Selway, Jane Re, Gladys Cordell, Cardinal McIntyre, Richard Goodwin, Doris Allison, Bill O'Grady, Leonard Paajanen, Mary Thomas, Ed Heffner, Ray Cwodzinski, Ann Hopkins, Joe Marquez, Ralph Piro, Fran Beausoleil, Rita Churney, Gil Peters, Msgr. Lloyd-Russell, Jim Creger, Wally Roustan

Death Remembrances August

Patrick Kurz, Mary Prescott, Rosemarie Smith, Walt Wetzel, Dorothy Foote, Rafael Atotubo, Kay Strothman, Manuel Moreno, Sally Sweeney, Sr. Clare Francis, Duyen Nguyen, Robert Kuhle, Guy Coulombe, Norina Roberts, James Nolan, Sr. M. Grace Heiner, Bettie Borup, Connie Wyatt, Craig Schumacher, Dan Baur, Yvonne Stalder, Violet Berthelot, Joe Ardizzone, Thomas Healy, Anne Cillis, Betty Wilcox, Lyle Moran, James O'Mara

Parish Illness and other Prayer Intentions

Agnes Selway, Paul Isley, Homer Sweeney, Leroy Cadman, Inez Williams, Ida Ramirez, Julie Ayraud, Isabella Codeceira, Dean Paajanen, Linda Whitlock, Comptons, Peggy Perez, All Priests

(renewable monthly OLHCbulletin@yahoo.com)

Our Lady Help of Christians Chapel Padre Pio Academy

9621 Bixby Avenue Garden Grove, CA 92841 School Office: 714-530-6840 (Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00 Always check website for most current schedule

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass WWW.OurLadyHelpOfChristians.US - Select Mass Stream & Subscribe (Televised Mass in the Hall)

Saint Patrick's Mission - Northridge Mass is temporarily unavailable at this location

 Sacramental Planning:
 (626) 447-1752

 Emergency Contact ONLY:
 (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

July 9, 2023 Sixth Sunday after Pentecost