

**February 26 First Sunday of Lent (Violet)**  
**Mass Proper of Sunday, "Invocabit me", No Gloria, 2<sup>nd</sup> to the Saints, 3<sup>rd</sup> to the Living and the Dead, Tract, Credo, Preface of Lent, "Benedicamus Domino"**  
*Highschool is selling coffee and sweets after the 7:30 Mass*

**15 Decade Rosary** recited weekdays at 8am when no Mass is available

Mon	27	St. Gabriel of Our Lady of Sorrows, C
Tue	28	Ferial Day in Lent
Wed	01	Ember Wednesday in Lent
Thu	02	Ferial Day in Lent
Fri	03	<b>Mass 8:15am</b> – Ember Friday in Lent – Adoration after Mass
Sat	04	<b>Mass 8am</b> – St. Casimir, C- St. Lucius, P, M- Ember Saturday in Lent

**Holy Hour of Reparation** Every Wednesday at 3 pm in the Chapel. Next Rosary Rally is March 4<sup>th</sup> at the Garden Grove Civic Center 12 noon.

**Mass Requests** for the living, dead or special intentions-\$20 stipend per Mass.

**Almost Gone!** "Our Lady Help of Christians Liturgical Calendar for 2023" are available in the gift shop while they last. They have all the details you've come expect regarding the traditional liturgical calendar and practices of the Roman Rite. Offering is only \$7 each.

#### **Death Remembrances February**

Cynthia Bower, Hector Vargas, Judy Kerber, Nestie Joy Escaro, Angeline Paajanen, Ich Tran, Fr. Benedict Ashley, Eugene Reyno, Sr. Mary Amata, Andy Tarby, Francisco Sanchez, Bob Haviken, Bill Ammann, Angela Heiner, Frances Ridino, Arnold De Clarke, Frank Brix Sr., Ina Smith, Adele Thompson, Virginia Chambers, Betty Parker, Maryjane Smith, Tony Gorsich, Joe Lyons, Cyril Crowley

#### **Death Remembrances March**

John Healy, Betty Dulay, John MacArthur, Irene Walterschied, Bernard Candela, Lawrence O'Neill, Roy Foote, Victoria Lauriello, Joann Green, Fr. Agustin Escobar, Alice Hubbard, Arthur Kerber, James Berthelot, Mrs. Soute, Stan Nelson, Hazel Odash, Yvonne Brown, Tatsuko Mitani, Dorothy Cimino, Chia Tiang, Paul & Margaret Nemecek, Ernest Heinz, Everett Marinet, Fr. Daniel Johnson, Elizabeth Gorsich, Bob O'Connor, Helen Cherry, Tony Candela, Fran O'Mara, James Coco, Msgr. William Barry, Fr. Marcel Nault, Dale Kirn, Herbert Hammond, Joan Burke, Alfred Krebsbach, Irene Walterscheid, Evelyn Voda, Helen Glitzow, Tom Thompson, Barbara Jean Seymour, Virginia Sullivan, Edna Browning, Alice Hubbard, Bob O'Connor, Shirley Charters, +Marcel Lefebvre.

#### **Parish Illness and other Prayer Intentions**

Hiroko Yoder, Leroy Cadman, Inez Williams, Tom Hewko, Ida Ramirez, Julie Ayraud, Isabella Codeceira, Dean Paajanen, Linda Whitlock, Compton's, Peggy Perez, All Priests

(renewable monthly OLHCBulletin@yahoo.com)

# **Our Lady Help of Christians Chapel Padre Pio Academy**

9621 Bixby Avenue

Garden Grove, CA 92841

School Office: 714-530-6840

(Please direct all correspondence and church business here)



**Masses** Sunday 7:30 & 10:00

**Always** check website for most current schedule

**15 Decade Rosary** recited weekdays at 8am when no Mass is available

**Confession** All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

**Streamed Mass** WWW.OurLadyHelpOfChristians.US - Select Mass Stream & Subscribe (Televised Mass in the Hall)

**Saint Patrick's Mission - Northridge** Mass is temporarily unavailable at this location

**Sacramental Planning:** (626) 447-1752

**Emergency Contact ONLY:** (626) 355-0845

**To Modern Catholics** We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

## **February 26, 2023 First Sunday of Lent**

**Modesty in Church** Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

**Mass Requests** \$20 stipend per Mass, intention box located on the wall in the gift shop.

**Communion Fast** Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

**Confession Procedure** Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

**Chapel Etiquette** Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

**OLHC** is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

**No unapproved literature** may be left on the premises. It will be discarded.

**Need something blessed?** The first Sunday of each month after each Mass, the next blessing will be March 5th. Please be there to pick up your item, it will not be held.

**Lost and Found** If you have lost something, check the lost and found bin and if you find something left in the pews, please return it to the bookstore so it can find its rightful owner.

**Have you Registered?** To register and receive your offering envelopes, see the breezeway sign-up table

**Checks Payable to** OLHC or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



**venmo**

### **Useful Links**

**fsspx.org** - Find a Mass Worldwide – scroll down

**Traditionalcatholic.co** - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

**ksmk.org** - Catholic Radio Station

**thanhlemisa.wordpress.com** - Vietnamese/Latin Missal

**CatholicFamilyNews.com** - search: Archbishop Vigano

**LifeSiteNews.com** - search: Vaccine Information

## **Padre Pio Academy News**

**Celebrating 40 Years of Catholic Tradition in Education**

www.padrepio-academy.com email: [padrepioacademy@sbcglobal.net](mailto:padrepioacademy@sbcglobal.net)

**To understand well** the mystery of the temptation of Jesus, we must remember that Christ is like to us in all things: *Debit per omnia fratribus similari, absque peccato*. Imagine to what a state of weakness a man would be reduced who allowed himself no nourishment for forty days. Our Lord did not will to work a miracle to prevent in Himself the effects of this fast, and the devil took occasion of His state of extreme exhaustion in order to tempt Him. If the Christ, the Incarnate Word, the Son of God, willed to enter into combat with the evil spirit, shall we be astonished if the members of His Mystical Body must follow the same path? Do not be surprised at temptation: never let us forget that Christ, our Model in all things, was tempted before us, and not only tempted, but touched by the spirit of darkness. Above all, do not let us forget that it was not only as the Son of God that Jesus overcame the devil, but likewise as Head of the Church; in Him and by Him we have triumphed, and we triumph still, over the suggestions of the rebel spirit. ~ Dom Columba Marmion

**As we enter into the practices of the Lenten season**, be not dismayed that you may not have planned the full course; it is not how you begin Lent, but rather how you finish it, as St Paul describes. Here is another round of specific practices to choose from if you still need focus: **Absinence**, usually redounds to the body's immediate appetite; legitimate or perhaps not so. Smoking, meat, sweets, between-meal snacks, favorite beverages: beer/soda/wine/"hard stuff"/coffee/tea, etc.

**Fasting**, you know the rules, but you may carry it beyond the rules with a single full meal and two other collations (together, not equaling the principle meal). **But**, Sunday is always a feast day, not a fast day, because one cannot feast and fast at the same time! **TV**, give.it.up! It used to be amusement, now it's mind control. **Prayer**, the daily Rosary, First Friday Mass, First Saturday Mass, an extra Mass during the course of the week. Adoration, or maybe just a visit to the Blessed Sacrament! A Holy Hour – could you not watch one hour with Me? Bishop Sheen made this the center of his daily devotions immediately after Mass. **PRAY** for the souls in purgatory (soon to be you!) Pray for an end to any or all the evils in the world. **Confession**, weekly or frequently; just ask the saints! This is one of the best ways to make spiritual progress because you stay focused on your shortcomings. **Daily examination of conscience**, know your faults, then present them at your next confession. **You don't have to do it all**, just choose a series of these items which you feel apply to you and persevere unto the end!!!

**Second Annual St. Joseph Family Night/Father-Son campout** for PPA families is just around the corner, March 17 – 18! We'll start with family dinner and tent set-up, some prayers in the Chapel, then.... *It's just the guys!!!* Fun and games till we hit-the-hay!!! Call Ryan for info – 562 412-5026 or [ryanrasada@me.com](mailto:ryanrasada@me.com)