

February 19 **Quinquagesima Sunday (Violet)**
Mass Proper of Sunday, "Esto mihi", No Gloria, 2nd to the Saints, 3rd of choice, Credo, Preface of the Most Holy Trinity, "Benedicamus Domino"
Highschool is selling coffee and sweets after the 7:30 Mass

15 Decade Rosary recited weekdays at 8am when no Mass is available

Mon	20	Ferial Day
Tue	21	Ferial Day
Wed	22	Mass 8am & 7pm - Ash Wednesday (blessing and distribution of Ashes) Chair of St. Peter
Thu	23	St. Peter Damian, B, C D
Fri	24	Mass 8:15am – St. Matthias, A- 9:15am Stations of the Cross
Sat	25	Mass 8am – Saturday after Ash Wednesday
Sun	26	Ashes after both Masses for those who could not receive on Wed

Holy Hour of Reparation Every Wednesday at 3 pm in the Chapel. Next Rosary Rally is March 4th at the Garden Grove Civic Center 12 noon.

Mass Requests for the living, dead or special intentions-\$20 stipend per Mass.
Almost Gone! "Our Lady Help of Christians Liturgical Calendar for 2023" are available in the gift shop while they last. They have all the details you've come expect regarding the traditional liturgical calendar and practices of the Roman Rite. Offering is only \$7 each.

Death Remembrances February

Cynthia Bower, Hector Vargas, Judy Kerber, Nestie Joy Escaro, Angeline Paajanen, Ich Tran, Fr. Benedict Ashley, Eugene Reyno, Sr. Mary Amata, Andy Tarby, Francisco Sanchez, Bob Haviken, Bill Ammann, Angela Heiner, Frances Ridino, Arnold De Clarke, Frank Brix Sr., Ina Smith, Adele Thompson, Virginia Chambers, Betty Parker, Maryjane Smith, Tony Gorsich, Joe Lyons, Cyril Crowley

Death Remembrances March

John Healy, Betty Dulay, John MacArthur, Irene Walterschied, Bernard Candela, Lawrence O'Neill, Roy Foote, Victoria Lauriello, Joann Green, Fr. Agustin Escobar, Alice Hubbard, Arthur Kerber, James Berthelot, Mrs. Soute, Stan Nelson, Hazel Odash, Yvonne Brown, Tatsuko Mitani, Dorothy Cimino, Chia Tiang, Paul & Margaret Nemecek, Ernest Heinz, Everett Marinet, Fr. Daniel Johnson, Elizabeth Gorsich, Bob O'Connor, Helen Cherry, Tony Candela, Fran O'Mara, James Coco, Msgr. William Barry, Fr. Marcel Nault, Dale Kirn, Herbert Hammond, Joan Burke, Alfred Krebsbach, Irene Walterscheid, Evelyn Voda, Helen Glitzow, Tom Thompson, Barbara Jean Seymour, Virginia Sullivan, Edna Browning, Alice Hubbard, Bob O'Connor, Shirley Charters, +Marcel Lefebvre.

Parish Illness and other Prayer Intentions

Leroy Cadman, Inez Williams, Tom Hewko, Ida Ramirez, Julie Ayraud, Isabella Codeceira, Dean Paajanen, Linda Whitlock, Compton's, Peggy Perez, All Priests
(renewable monthly OLHCbulletin@yahoo.com)

Our Lady Help of Christians Chapel Padre Pio Academy

9621 Bixby Avenue

Garden Grove, CA 92841

School Office: 714-530-6840

(Please direct all correspondence and church business here)



Masses Sunday 7:30 & 10:00

Always check website for most current schedule

15 Decade Rosary recited weekdays at 8am when no Mass is available

Confession All Masses typically preceded by substantial time for confession, which must end 10 minutes before Mass begins. Out of consideration for others, please don't use the confessional for lengthy counseling. Be brief. Be blunt. Be gone!

Streamed Mass WWW.OurLadyHelpOfChristians.US - Select Mass Stream & Subscribe (Televised Mass in the Hall)

Saint Patrick's Mission - Northridge Mass is temporarily unavailable at this location

Sacramental Planning: (626) 447-1752

Emergency Contact ONLY: (626) 355-0845

To Modern Catholics We are what you once were. We believe what you once believed. We worship as you once worshiped. If we are wrong now, you were wrong then. If you were right then, we are right now.

**February 19, 2023
Quinquagesima Sunday**

Modesty in Church Out of respect to our Lord, we beg all to appear in church modestly dressed. No shorts allowed. Ladies heads must be covered, no slacks or pants, low cut or sleeveless tops. Your cooperation is evidence of your love for our Lord in the Blessed Sacrament and respect for the House of God.

Mass Requests \$20 stipend per Mass, intention box located on the wall in the gift shop.

Communion Fast Holy Communion may be received only by Catholics believing themselves to be in the state of Sanctifying Grace, who are observing at least one hour fast prior to reception of the Sacrament. We are urged, however, to observe the fast from midnight, or, at least for three hours. While always welcome, non-Catholics and those who do not accept the traditional teachings of the Church in matters of faith and morals, are NOT to receive Communion at this Mass. To receive Holy Communion do so in silence- do not say Amen.

Confession Procedure Begin your confession with "BLESS me Father for I have sinned", when you have received your penance, immediately begin your Act of Contrition.

Chapel Etiquette Food, drink and matches are not allowed. Please use the butane lighters to light the votive candles. When the Blessed Sacrament is exposed, genuflect on both knees and bow. Otherwise, genuflect with the RIGHT knee touching the floor.

OLHC is an independent Traditional Chapel. We maintain no association whatsoever with Kentucky Resistance.

No unapproved literature may be left on the premises. It will be discarded.

Need something blessed? The first Sunday of each month after each Mass, the next blessing will be March 5th. Please be there to pick up your item, it will not be held.

Lost and Found If you have lost something, check the lost and found bin and if you find something left in the pews, please return it to the bookstore so it can find its rightful owner.

Have you Registered? To register and receive your offering envelopes, see the breezeway sign-up table

Checks Payable to OLHC or Our Lady Help of Christians. Please DO NOT seal envelopes with scotch tape or stickers. By request, Venmo is also available for donations.



venmo

Useful Links

fssp.org - Find a Mass Worldwide – scroll down

Traditionalcatholic.co - Spanish & English Traditional Catholic Books (Audio, PDF, Kindle, etc.)

ksmk.org - Catholic Radio Station

thanhlemisa.wordpress.com - Vietnamese/Latin Missal

CatholicFamilyNews.com - search: Archbishop Vigano

LifeSiteNews.com - search: Vaccine Information

Padre Pio Academy News

Celebrating 40 Years of Catholic Tradition in Education

www.padrepio-academy.com email: padrepioacademy@sbcglobal.net

CHOIR QUEST CONQUERS! ...almost We are *getting* there! – with the help of the giftshop sign-up sheet and/or emails to Sean, our choir director (seanmcd@mac.com). With yet, just a couple voices more, we'll be able to discern melody from the loft! *Won't you please add yours??* We're not presenting Beethoven's 9th "Chorale;" but only a few simple hymns from the heart which we all know and love. Hymns which everyone finds spiritually edifying, particularly at Communion. Help lift our minds and our hearts: won't you?!!!

Quinquagesima Sunday Through faith, we have God ever present: *Per fidem enim ambulamus*. This faith, in the light of which we walk, is the source of our union with Jesus, and the root of our perfection: *Ambula coram me, et esto perfectus*. In the measure whereby, through faith, we live in the contemplation of God, and remain united to Jesus Christ, in this same measure, we become invulnerable to temptation. A soul who through faith, lives habitually in the contemplation of God, draws continually from this fountain of life: *Quoniam apud te est fons vitae*; she shares in Christ's union with His Father: *Ego in eis, et tu in me*; and hence also in the love that the Father bears towards His Son Jesus: *Ut dilectio qua dilexisti me in ipsis sit, et ego in ipsis*. This is why God takes delight in such a soul. He protects her; He renders her, little by little, invulnerable. All her enemies may attack her; all the universe may rise up and be let loose against her, she will say to God: "Thou art my Protector and my Refuge." [quoniam fortitudo mea et refugium meum est tu] ~ Dom Marmion

Lent is Coming – will it be your last? [Deus scit; nescio!] Do not let this time to grow in holiness pass you by. Consider the following categories of self-abasement for Lent:

1] Voluntary amendment of life. Give up those things which you need to give up sooner or later, namely, bad habits. The goal here is to break a bad habit *forever*, and Lent is a good time to do it. Love your soul more than your body! (Gossiping, needlessly surfing the web, TV, overeating [between meals/junk food/soda], extended "happy hour," complaining, naughty words; get up regularly – deep 6 the snooze alarm, forget the video games/movies/low forms of "music"/facebook/blogs/etc!!!!)

2] Acts of penance. Perform some kind of penance with the goal of training yourself to say "no" to little things; the easier to say "**NO**" to big temptations later. (Avoid eating or drinking what you enjoy – desserts! Eating out. Alcoholic beverages. Hot showers (hellp!!))

3] Works of charity! Perform some good and holy actions, with the goal of strengthening your relationship with Christ and His beloved Church. Ideally, what you begin here would continue in some way even after Lent is over. Love God more than yourself! (Daily Rosary or extra decade for ???; extra weekly or Sunday Masses; read Sacred Scripture; increase Family Time; *READ*: life of a saint or spiritual reading; daily nearby visit to the Blessed Sacrament.

4] Make a good confession by: [insert date here!](#)